## 7/29/2020

Good Morning Family Members of Sheyenne Care Center.

I want to thank all the family members who are coming and visiting with their loved ones here at Sheyenne Care Center. This has been a long and difficult time for our residents and they need your company and your love. Although we are only able to allow one visitor at a time, it still means a lot to them to see family.

We were able to advance to the ND Phase 2 guidelines a couple of weeks ago because of the safety precautions being practiced here by staff and visitors. I'm pleased to say that our residents COVID test on July 24<sup>th</sup>, came back 100% negative. Which, I'm very thankful for everyone being cautious while they are here at Sheyenne Care Center, and out in the community.

Phase 2 opened some doors but still through guidelines of the ND Health Department we still have restrictions in place to follow which protects the safety of all. This means we will be allowing one family member to enter Sheyenne Care Center to visit their loved ones. Guidelines and Policies have been established and are in place so that we maintain a safe home for all our residents and workers. As a family member, we need to ask for your assurance that you also continue to make smart decisions during this COVID time. You will become a key part of making sure we don't spread this virus to residents residing at Sheyenne Care Center. It is not required to have COVID testing done before visiting but, if you have an opportunity to be tested for COVID, I strongly encourage you to be tested. If you are sick and not feeling well, please do not come and visit at this time. Wearing masks properly, washing hands and sanitizing frequently, social distancing, and staying away from large group events, is still the best way to keep this virus from affecting you and our residents, staff, and co-workers.

Our challenges are not over and our vigilance during this pandemic needs to stay strong. As we begin to open our doors up to families who have been waiting so long to be a part of their loved ones' lives again, the exposures become even more prevalent. Please refer to our webpage and Facebook page to review our guidelines and that all family members understand fully the importance of allowing residents visitors to enter the Sheyenne Care Center. The times we have scheduled for families to visit are from 12:30 to 4:00 pm and 6:30 to 9:00 pm 7 days a week. Please remember that visitors need to go to their loved one's room only. Wear their mask at all times while in the facility. Do not sit in resident sitting areas, dining rooms, nurse's station, and any common areas. Once visitation is done please return to the front entrance.

Your understanding in following the guidelines we have in place is key in helping Sheyenne Care Center minimize the exposure to everyone at Sheyenne Care Center.

Thank You for your Support during this Pandemic.

Craig Christianson, CEO