# 2019

# Community Health Needs Assessment Action Plan Update

To help inform future decisions and strategic planning, local health care providers in Rolla, North Dakota conducted a community health needs assessment. Through a joint effort, Presentation Medical Center and the Center for Rural Health at the University of North Dakota School of Medicine and Health Sciences analyzed community health related data and solicited input from community members and local health care professionals. Presentation Medical Center leadership was also involved in a Rolette county-wide assessment facilitated by the Rolette County Public Health Dept and data collected from that survey was integrated into the Presentation Medical Center Plan. This assessment was completed in September, 2016 and can be found in it's entirely at www.pmc-rolla.com. The document was reviewed by Presentation Medical Center Executive Management and the Board of Directors and the following recommendations were made for a Community Needs Assessment Implementation Strategy. Tier 1 includes items to be completed by Presentation Medical Center. Tier 2 includes items that will be reviewed and facilitated with the community and Presentation Medical Center. Tier 3 items are services that are not viable for Presentation Medical Center to provide due to lack of personnel and resources available. This plan will be reviewed and updated 2018 and 2019.

#### Tier I Needs:

**1.** The ability to recruit and retain primary health care providers (MD, DO, PA, and NP): One of the main concerns from the community needs assessment was the limited number of primary health care providers in Rolette County. While this is a concern of most of the rural counties in North Dakota, Presentation Medical Center is keenly aware of the importance of continual recruitment and the value of retaining our medical staff. In September of 2016, our Medical staff consists of 2 Physicians and 3 Family Nurse Practitioners. We have also recently hired a new graduate Physician's Assistant, who is scheduled to join the staff on January, 2017. Recruiting for medical staff is a high priority at the facility, along with continuing the discovery to find solutions and options for the retention of staff. The most important aspect to hiring any new health care providers is to have them live and become part of the Rolla, ND community. In 2017, PMC will develop a formal health care provider retention plan to focus on the importance of retaining qualified providers.

Timeframe: Ongoing action steps with oversight by PMC Executive Committee.

\*Update 12-13-17 – The Medical Provider Recruitment/Retention Plan has been developed and implemented. Also, Presentation Medical Center has added another Physician to its Medical Staff.

\*Update 11-23-18 – Presentation Medical Center continues to utilize its Medical Provider Recruitment/Retention Plan. The plan has been successful in helping Presentation Medical Center recruit new medical providers, and has identified changes in certain operations which provide greater provider satisfaction and greater healthcare delivery to the population of Rolette County. As such, Presentation Medical Center has changed clinic hours to 10 hour days as identified using the Medical Provider Recruitment/Retention Plan.

### Tier II Needs:

#### 1. High Rates of Diabetes:

The high rate of diabetes is a medical issue that the 2016 Community Health Assessment revealed and the same issue was also identified as high priority in 2013. Presentation Medical Center has committed to providing a nurse educator in 2015 to host weekly diabetes education for the general public of the area. These education events have continued to run through 2016 and will continue to be facilitated at PMC. PMC will work closely with Rolette County Public Department on public education information that has a focus on diabetes prevention and obesity, as well as support group activities. In November 2016, a grant was written to facilitate and receive funding to implement a population health strategy that would screen 500 additional Rolette County residents for hypertension, refer individuals for further medical evaluation and provide health education regarding disease processes and modifiable risk factors. Presentation Medical Center will continue to offer an Outreach Specialty Podiatrist for foot care and will continue to provide additional information to our patients. This task will be ongoing with collaboration from Rolette County Public Health.

\*Update 12/13/17 - Presentation Medical Center continues to host weekly Diabetes Education sessions for members of the community. Additionally, Presentation Medical Center is establishing Diabetes Control quality dashboards to monitor to monitor the control of diabetic patients' and improve control of this disease process in this patient population.

\*Update 11/23/18 – Presentation Medical Center Clinic has established and implemented a Diabetes Control section to its quality dashboards and reports these measures quarterly to the Central Quality Improvement/Peer Review Committee. Presentation Medical Center continues to host weekly Diabetes Education sessions for the community.

#### 2. Alcohol/Drug Use and Abuse:

As alcohol/drug use and abuse were listed high on the PMC health concerns, as well as the 2015 Rolette County Public Health Needs Assessment, the survey dictates that attention must be focused at this continued health issue in our area. In 2016, RCPH started an education and awareness program that PMC will become an active participant and collaborator as it is presented to the community and at awareness events. In 2017, PMC plans to increase screening and education through our clinic providers and mental health providers. PMC, with assistance from RCPH, will also provide education materials at community events when appropriate and the yearly community health fair.

\*Update 12/13/17 – These actions continue.

\*Update 11/23/18 – Presentation Medical Center, in collaboration with Rolette County Public Health and the Rural Mental Health Consortium, sponsored two community forums entitled "the Opioid Epidemic," whereby community members were shown a video on the opioid epidemic and allowed to participate in a discussion with a panel of North Dakota experts on opioid abuse and addiction. Presentation Medical Center continues to work with Rolette County Public Health to jointly, and strategically, address Alcohol/Drug Abuse in the community. As such, the CEO of Presentation Medical Center is a member of the Rolette County Public Health Coalition.

## Tier III Needs:

Availability of resources for family and friends caring for the elderly and resources to keep elderly in their own homes:

Updated: 11/23/18