Community Benefit Report 2020-2021 Fiscal Year

Report of SMP Health - St. Andrew's Commitment to its Community

SMP Health - St. Andrew's has been a part of the community since 1913. Our mission is to provide services to all who come to us for care; this is something that we are very proud of. Our ability to better the lives of those most in need is the core of our beliefs and knowing that we can make a difference in the lives of those we serve. In addition, we believe that through our leadership and presence in the community we have been and will continue to be an essential part of the healthcare delivery team.

SMP Health - St. Andrew's is designated as a Critical Access hospital and has had the designation since July 2001. We continue to utilize "The Guide for Planning and Reporting Community Benefit" book that was prepared by the Catholic Health Care Association to help determine what qualifies as a community benefit and participate on webcasts as offered. We attend a variety of educational opportunities throughout the year to provide direction in reporting on our benefits to the community.

Charity Care (Caring Program):

During the past year, we provided \$15,825.81 of free care for 19 people. We budget to provide the caring program on an annual basis. SMP Health - St. Andrew's utilizes the federal poverty guideline; we go up to 200% of the federal poverty guidelines and utilize a sliding scale that provides a greater opportunity for patients/clients to qualify for free or reduced care ranging. The reduced care ranges from 20% to 100%. Our caring program is made available to all patients and may be viewed on our website: www.smphealth.org/standrews/. Upon completion of an application income history and/or annual income tax filing to determine where they qualify within the program guidelines. Once the patient qualifies, they are approved coverage 240 days prior to date application was received and approved 1 year after date received. At that point, they can reapply. We also provide the patient(s) with an insurance card to present at the time they are at the registration desk for the service/visit. This has provided a means for the patient(s) to know their coverage dates and what family members are eligible to receive the services free or at a discounted rate. This program was implemented in the health center. In January 2014 the State of North Dakota added Medicaid Expansion; more patients are qualifying for this insurance coverage. Medicaid Expansion has had an impact to the number of individuals qualifying for charity; patients must be denied Medicaid Expansion to be approved.

We continue to maintain the Community Resource Coordinator (CRC); this person offers assistance to those in need. The CRC offers an array of services in searching for medical/dental coverage for those that are underinsured or uninsured. The CRC maintains our Linus Project and provided approximately 49 free blankets for pediatric patients in need of comforting. The CRC also helps individuals fill out Caring Program paperwork

In total the CRC provides resources to approximately 100 people in our community and service area; without the resource many of these individuals would have gone with needs unmet.

We continue to maintain this position within the health center and in the Bottineau County service area. We continue to see an increase in the individual's out of pocket costs that remain following payments provided by their insurance carriers. With the rise in health care premiums

SMP Health - St. Andrew's Bottineau, North Dakota

and aging population; families have to make some difficult decisions. The lack of insurance or underinsured has a devastating effect on the people of our community. We are committed to the Catholic Healthcare Initiative on working towards insurance coverage issues for the uninsured and underinsured.

Throughout the year we held food pantry drives and collected funds to give to the school system for children in need of money for milk at snack time. We also have an angel tree within the facility that has a range of ages of boys and girls that are in need of receiving some gifts at Christmas. We do this in collaboration with a service group in our community.

St. Andrews Health Center has a community health needs assessment (CHNA) that was completed in 2019 and implementation was started in 2019-2020. We continue to utilize the report and work towards meeting needs as identified within the report. We are in our third year of our 3 year plan. All of the meetings and data collection were completed by UND Center for Rural Health employees (UNDCRH) located in Grand Forks, ND. The CHNA report is posted on our website, <u>www.smphealth.org/standrews/</u>. and the most recent update, 2019 plan is also posted on the same website.

In 2019, UNDCRH provided a complete report on the needs of the community identified by the survey results. We provided communication back to the leadership group, posted it out on our website, and provided results to board members for the health center. At the local board level for the health center, we focused in on the greater needs of the community needs assessment that we identified and our plan was to work on those items first. A new CHNA will be completed in Fall of 2022 and will be utilized as part of our strategic plan.

The issues identified for St. Andrew's to work towards are not enough jobs with livable wages and depressions and anxiety. The CHNA action plan is also posted on the website.

In direct connection to providing area individuals more about wellness and illness prevention, we continue to provide information to the community via specific topics, education events, and advertising about on overall health and wellness. We provide diabetes education sessions to the public 3 times this year. The sessions run for a six week period and are there are 6 classes for each session. We offer a wide range of educational material in the local news paper through our weekly "Healthbeat" feature. The topics have included prescription opioid use, prevention guidelines, stress management, and information about National High Blood Pressure and American Stroke Month. These are just a few examples of ways that we get health and wellness information out to the public.

SMP Health - St. Andrew's Bottineau, North Dakota

Beyond Charity Care

In addition to our free charity care, SAHC has provided many other services to meet the needs of those in Bottineau County and service area: we provide access to clinical practice to the Bottineau and Minot region.

A number of students job shadow in various departments as part of their education requirements. Over the past year we have had students job shadowing or completing internship hours for a Nurse Practitioner (NP) program. We also have the school of nursing students from Dakota College Bottineau at the facility completing practicals during the college school year. We are happy to be a clinical site to Dakota College-Bottineau for the ADN/PN nursing program and UND for the NP program; we have a number of students that utilize St. Andrews Health Center for their clinicals on a day to day basis.

St. Andrew's Health Center allows for time to educate high school students about potential career opportunities in health care and provides job shadowing opportunities for those interested. We work closely with the Health and Sciences Instructor from the local high school to provide health career access to the students.

St. Andrews Health Center participates in a number of community events/activities that pertain to healthcare and our direct relations to our community; including wellness committee, bio terrorism group, disaster preparedness, co-sponsor a blood drive, blood pressures are offered during a variety of community events. We offer a free blood pressure screening day every Tuesday. This helps monitor the vascular health of 20 to 30 patients each week. Annually we impact about roughly 1000 people.

St. Andrews Health Center provides conference rooms for local non-profit organizations for meeting use.

St. Andrews Health Center's provides maintenance for up keep of the volunteer ambulance grounds and parking lot (i.e. snow removal) and linen services.

Community Leadership

St. Andrew's Health Center and its team of co-workers strive to increase their level of community involvement. Many of the employees of St. Andrew's Health Center serve on several local and regional committees working to improve the health and lives of the members of Bottineau County.

Summary

Mission Statement

St. Andrew's Health Center, in union with the Sisters of Mary of the Presentation, works for the glory of God by bringing the Word and Healing of Jesus Christ to all, with a special concern for the poor and elderly. Through the shared ministry with the laity, St. Andrew's Health Center participates in the health care mission in the work of healing which is the work of God. Our individual inspiration is Jesus and His Gospel message. Permeated with the Charism of the Sister of Mary of the Presentation, we minister to one another and all who come to us for care.

St. Andrew's Value Statement reads: We show care and compassion through:

SMP Health - St. Andrew's Bottineau, North Dakota

Commitment: We strive to provide excellent service to the people of our community by caring for each person's spiritual, physical and emotional needs.

Respect: Our goal is to protect the privacy and dignity of our patients and one another. We respect those we serve and each other by showing consideration for each person's values and spirituality.

Trust: We aim to develop trust with our patients by building their confidence in our ability to deliver quality healthcare in an honest and reliable manner.

Teamwork: Working together we create a team atmosphere by which we support one another, remembering we are all equal and all work to fulfill our mission.

As we continue to build upon our Mission Driven Healing Hospitality program; we will continue to strengthen the values, Mission and viability of our organization and meet the needs of our community and the people that we serve.

SMP Health - St. Andrew's

Bottineau, North Dakota

_	Summary of Qua	ntifiable	Commun	ity Benefits						
	Reporting period October 1, 2020 through September 30, 202			Persons served	community		offsetting		community	
		Community Benefit Category *	See Worksheet							
	Benefits for persons living in poverty									
	Charity care at cost	<u> </u>	3	19	\$	15,826	\$		\$	15,826
2	Unreimbursed costs of public programs	Ш				074.055		740.055	\$	-
3	Medicaid		4	12	\$	874,355	\$	743,355	\$	131,000
	Health professions education Subsidized health services	III.B III.C	8							
	Cash and in-kind contributions to other community groups	III.E	10		\$	100			2	
	Community building activities	III.F	6,11		φ	100		-		
	Total quantifiable benefits for persons living in poverty			31	\$	890,181	\$	743,355	\$	146,826
	Benefits for the broader community								<	
10	Community health improvement services	III.A	6	9,566	\$	259,291	\$	33,945	\$	225,346
	Health professions education	III.B	7	404	\$	12,386	\$	-	\$	12,386
12	Subsidized health services	III.C	8	27	\$	13,196	\$	2	\$	13,196
13	Research	III.D	9					5	S	-
	Cash and in-kind contributions to other community groups	III.E	10	164	\$	3,255	\$	-	\$	3,255
	Community building activities	III.F	6,11			and sector			\$	-
16	Community benefit operations	III.G					1		\$	
	Total quantifiable benefits for the broader community			10,134	\$	274,932	\$	33,945	\$	254,183
	Total quantifiable community benefits			10,165	\$	1,165,113	¢	777,300	\$	401,009