# **Resources**

**First Link 2-1-1 Helpline:** a free 24-hour phone number that can help you find resources in food, housing, support groups, substance use disorder services, education, health care, transportation, mental health services and more. The helpline also provides confidential listening and support. Dial 211 or 800-472-2911.

Their website is <a href="https://myfirstlink.org/community-resources/">https://myfirstlink.org/community-resources/</a>

### Abuse resources

Safe Alternatives for Abused Families (SAAF) – 662-7378, 888-662-7378

24 hour Crisis Line: 701-409-0665

Local SAAF Contact / Resource Person – Susan (701) 230-1720 her email address is susan@saafnd.org

Child Abuse and Neglect – Statewide toll free reporting line -1-833-958-3500

### **Adaptive Equipment Resources**

Wheels for the World (recycling wheelchairs) – Judy Siegle – 234-6022

Assistive Technology information line – 888-214-2780

ND Assistive – 701-258-4728

NDAD (ND Association for the Disabled) – 1-888-999-6323

### **Alcohol/Addiction Treatment**

Treatment Centers Directory – 1-800-838-1752

Crisis Residential units through Human Service Centers (see numbers under mental health)

Heartview - Bismarck and Cando-800-337-3160 or 222-0386

Sharehouse - Fargo - 877-294-6561

Prairie St. Johns – Fargo – 701-476-7216

Aspiring Hope Therapy – Devils Lake - Allison Hofstad, LAC – 662-1046

Trinity Health Addiction Services – 701-857-2480 or 1-800-862-0005

Licensed Addiction Counselor – Megan Marie Busch, LAC,LPC,LADC – Carrington,ND Phone 701-645-1032

New Hope - Minot - 701-852-3200

Hope's House – residential facility – Minot- 701-837-4989

Goodman Addiction Services – Minot – 701-852-3869

Prairie Recovery Center – Raleigh, ND – 701-597-3419

Teen Challenge ND – Mandan – 13 month faith based inpatient program for adults age 18 and over, doesn't accept insurance, doesn't refuse due to inability to pay – 701-667-2131

Troy Fisher, LAC – All Of Us In Recovery – 218-779-7185, <u>troy@allofusinrecovery.com</u> Eckert Youth Home – Williston- residential treatment for adolescents ages 14 – 18. 701-572-7262

Summit Silver Creek Recovery Center – Watford City, ND, and Summit Prairie Recovery Center – Raleigh, ND 701-597-3419 – residential substance abuse and mental health services <u>Alzheimer's Association</u> - 24 hour help line – 800-272-3900.

Beth Olson, Regional Care Consultant – 701-952-0800

Memory Loss Support Group – 3<sup>rd</sup> Tuesday of the month – Lake Region Heritage Center, 502 4<sup>th</sup> St NE, Devils Lake, ND

Central Prairie Human Service Zone (formerly Wells Co Social Services) – 547-3694

### Clinics

St. Aloisus Clinic, Harvey – 324-5131 Central Dakota Family Physicians, Harvey – 324-4856

### **Durable Medical Equipment**

Great Plains Rehab Services – Bismarck – 800-222-4989

Lincare – Devils Lake office – 800-543-0185

Heart of America – Rugby – 776-5455, ext 2253

Sanford Health Equip – 800-876-2179

Options Resource Center – 701-324-4138 or 1-800-726-3692

KeyCare Medical – Minot – 701-839-4444

Service Drug – Harvey – 324-2227

Resource loan closet – Wells County District Health Unit – 547-3756 or 324-5259

Wells Sheridan Aging Services – 324-4032

ND School for the Deaf/Resource Center for Deaf and Hard of Hearing – 665-4400

#### Financial

Medicaid Expansion – 855-794-7308, or call your county or online at nd.gov.onlineservices.app

### **Food Pantry**

Central Dakota Food Pantry – Harvey 324-4645 Maddock Community Food Pantry – Maddock 438-2738

#### Guardianship

Progress – Jeff Paiment – 252-6994 GAPS – 222-6600 Catholic Charities North Dakota – 255-1793 Guardian Angels – 701-952-6750

### **Home Care**

CHI Health at Home – 855-860-3464 – serves Harvey, Fessenden and surrounding communities; Bismarck office-701-530-4500, fax 701-530-4571 serves McClusky Aging and Disability Resource Link (ADRL) – intake line 855-462-5465, Web intake - carechoice.nd.assistguide.net

Visiting Angels – Minot, ND 701-852-2636

First Light – 701-881-0101

Home Instead – serves several counties west of Wells – 888-331-1023; or

Christy Mindt at 701-748-9953; www.homeinstead.com

Bismarck office-call Amy at 701-751-0471

### Home emergency alert systems

NoDak Medical Alert – toll free 1-855-203-7138, 701-712-8410 (Rugby) Great Plains Security Systems – 701-222-8817 (Bismarck), 701-838-8817 (Minot) Philips Lifeline – 1-855-615-7510 Life Alarm – 1-800-780-5433 800-MED-ALERT – 1-800-633-2537

Life Alert – 1-800-360-0329

### **Hospice**

CHI Health at Home Hospice – 866-753-7327 Heart of America Hospice – Rugby – 776-5261 Hearts in Action - Minot – Now serving our area 1-800-237-4629

### **Housing**

Great Plains Housing Authority 701-252-1098 <a href="www.greatplainsha.com">www.greatplainsha.com</a> Serving Stutsman, Logan, Foster, Dickey, Sargent and Wells counties

#### **Indian Health Services**

Fort Totten – 766-1600

### Legal Aid

For people over age 60 - 800-621-9886

#### Meals

Food Pantry – 324-4645, 324-4880

Wells/Sheridan Aging Meals – 324-4032

Anamoose Café – 465-3236

Mom's Meals – meals by mail, <u>www.momsmeals.com</u> : qualified under some Government programs

### Mental Health Services/Counseling

Devils Lake Psychological Services – 662-8255

Hart Counseling Services – Tim Hart – 701-952-8277

Lifewise Associates – Devils Lake – 662-1046;

Erin Hagemeister, Psychiatric Mental Health Nurse Practitioner, comes to Harvey weekly – schedule with LifeWise Associates at 662-1046

Greg Volk – psychologist – Devils Lake - 877-846-4554

South Central Human Service Center – Jamestown – 800-260-1310, crisis line 253-6304

Lake Region Human Service Center – Devils Lake – 888-607-8610

Play therapist at LRHSC-Lisa Schuster 701-665-2200

180 Counseling, PLLC -Diane Soli, LCSW -Devils Lake – 701-230-2662 email address diane.soli@180counselingpllc.ce om website:180counselingpllc.clientsecure.me She provides telehealth therapy for ND residents. Her main areas of focus are mood disorders, anxiety, trauma, coping skills, self-harm, suicidal ideation, and LGBTQ+ population. Her therapy methods include but are not limited to - Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Eye Movement Desensitization and Reprocessing Therapy, Strength Based and Person Centered

North Central Human Service Center – Minot – 888-470-6968

Village Family Service Center – Minot 701-852-3328

CHI St. Alexius Health – Carrington – Brittany Long, APRN-PMHNP-C, 1-800-532-8623 for appointments

Trinity Health Center Riverside – Minot – 701-857-5998

Therapist – Megan Ekren, LAC, LPPC – Carrington, also travels to Fessenden and Harvey 2-4 X monthly – 701-645-1032, <a href="mailto:megan@advanceinrecovery.org">megan@advanceinrecovery.org</a>

Clinical Therapist – Lisa Hawley, LICSW – Advanced Counseling for Change, Devils Lake - 701-662-1893

Mosaic Wellness - Nicole Franklin, MSW, LCSW, therapist – Harvey – 320-616-1868, or Jon Franklin at 320-616-8191

Assessment and Therapy Associates of Grand Forks – pediatric and older mental health care – 701-780-6821

Ruth Meiers Adolescent Psychiatric Residential Treatment Facility-Grand Forks-888-823-5931 or 701-795-3870

Nexus-PATH Family Healing-Fargo - 701-280-9545

Luther Hall – residential program with Nexus-PATH in Fargo, ages 10-17, for emotional, behavioral and mental health – 701-232-8905

Home on the Range – 701-872-3745 – Butte, ND – Residential treatment facility for boys and girls ages 12-19.

Rural Psychiatry Associates – 1-855-905-7875

Open Prairie Health PLLC - Callie Krause, DNP, PMHNP-BC, FNP-C - Carrington - (701) 401- 4134 - Appointments can be in person or by telemedicine.

### Other

Central Dakota Ministerial Association –

Ouorum - Home Infusion — 800-948-6337

Options Resource Center for Independent Living in Harvey – Serves Eddy, Foster, Wells and Griggs counties - Marcia Schneider – 324-4138, 218-791-3467, or 1-800-726-3692; Minot office 1-800-377-5114

NDAD – medical equipment, prescription meds, medical travel expenses, home/vehicle accessibility. toll free 1-888-999-6323

Dakota Hope Clinic – Pregnancy, Parenting and Family services – 701-852-4675 Positive Progressions Therapy – Speech Pathologist - Susan Bartz, 307-899-3889 (Private Pay Only) Neighbors Helping Neighbors – volunteers providing short term help for those going through an unexpected crisis (accident, death, natural disaster, transportation, etc.) for Sheridan and Wells Co residents. Call David – 701-693-5949 or Judy 701-693-5193

For Information regarding Advance Directives / Advance Care Planning contact: Tonia Erickson, LBSW or Rachel Keller, LBSW at SMP Health St. Aloisius (701) 324-4651 Senior Companion – In Harvey only at this time – Susan Wilson – 635-0150

#### **Palliative Care**

CHI Health at Home – 866-753-7327 Website: GetPalliativeCare.org

# **Prescription Assistance**

Prescription Connect for ND – 888-575-6611

### **Psychiatric Admissions**

Prairie St. Johns – Fargo – 701-476-7200, Intake 701-476-7260 (do not take patients with dementia)

St. Alexius – Bismarck – 701-530-7699, ask for on-call psychiatrist

Trinity in Minot – 800-247-1316, ask for on-call psychiatrist

North Dakota State Hospital – access through South Central Human Service Center – 800-260-1310 (no adolescent unit)

Sanford Bismarck – one call – 855-550-1225 (no adolescent unit, must be over age 18)

Sanford Fargo – one call – 701-234-6304 (no adolescent unit)

Altru in Grand Forks – 701-780-5000

#### Respite

Becky at Easter Seals – 701-839-4121

#### Suicide

Suicide and Crisis Lifeline – 988 or website at 988lifeline.org.

#### <u>Support</u>

AA – 7:30 pm on Thursdays at basement of St. Cecelia's Catholic Church in Harvey; contact Steve Eckart at 399-9878.

Family Voices of ND – kids with chronic conditions – 888-522-9654

Easter Seals – for disabled/special needs – 800-247-0698

Children of Divorce Classes, Grief support classes, through NDSU Extension – 667-3340

Senior Companion Program – call Wells/Sheridan Aging services – 324-4032

Family Caregiver Support Program – 253-6396

#### **Transportation**

Faith in Action – 324-2548
Wells/Sheridan Aging Senior bus – 324-4032
West River Transit – 888-682-5826

Jamestown area – 701-252-2882

Benson County transit – 438-2192 Kidder County Public transit – Paul Geringer – C#701-320-6040, H#701-273-6040 Souris Basin transit – Minot area – 852-8008 Veterans transportation – Sheridan county 341-4018, Wells County 341-4010 Neighbors Helping Neighbors – call David at 701-693-5949 or Judy at 701-693-5193

### **Veteran's Services**

Veteran's Crisis Line – 988 then press 1 or 1-800-273-8255, press 1
VA in Fargo – 232-3241
Wells County Veteran's Service Officer – Amy Dale, 324-2665
Sheridan County Veteran's Service Office – 341-4018
Free transportation – Sheridan County 341-4018, Wells County 341-4010
Home oxygen-call Fargo VA, oxygen clinic at 701-232-3241, press 9-3482.
Fax # 701-237-2653.

Veteran's Step Up Foundation – assistance in filing for and accessing benefits – 701-681-9272, email: <u>VSUF@yahoo.com</u> mail: 553 Brewster St E, Harvey, ND 58341

## **Vocational Rehab**

Connie Gange 701-253-6350

### **Vulnerable Adult Protective Services**

1-855-462-5465 Eddy County – 701-665-2269 Wells/Foster Counties – 701-952-8277

Wells County District Health Unit – 547-3756 or 324-5259

Wells County Women's Way program – Danica Grossman – 324-5107

Resources 1-16-2025