Resources

FirstLink 2-1-1 Helpline: a free 24-hour phone number that can help you find resources in food, housing, support groups, substance use disorder services, education, health care, transportation, mental health services and more. The helpline also provides confidential listening and support. Dial 211 or 800-472-2911. Their website is <u>https://myfirstlink.org/community-resources/</u>

Abuse resources

Safe Alternatives for Abused Families (SAAF) – 662-7378, 888-662-7378 24 hour Crisis Line: 701-409-0665 Local SAAF Contact / Resource Person – Susan (701) 230-1720 her email address is susan@saafnd.org Child Abuse and Neglect – Statewide toll free reporting line -1-833-958-3500

Adaptive Equipment Resources

Wheels for the World (recycling wheelchairs) – Judy Siegle – 234-6022 Assistive Technology information line – 888-214-2780 ND Assistive – 701-258-4728 NDAD (ND Association for the Disabled) – 1-888-999-6323

Alcohol/Addiction Treatment

Treatment Centers Directory – 1-800-838-1752 Crisis Residential units through Human Service Centers (see numbers under mental health) Heartview - Bismarck and Cando- 800-337-3160 or 222-0386 Sharehouse - Fargo - 877-294-6561 Prairie St. Johns – Fargo – 701-476-7216 Aspiring Hope Therapy – Devils Lake - Allison Hofstad, LAC – 662-1046 Trinity Health Addiction Services - 701-857-2480 or 1-800-862-0005 Licensed Addiction Counselor - Megan Marie Busch, LAC, LPC, LADC - Carrington, ND Phone 701-645-1032 New Hope – Minot – 701-852-3200 Hope's House – residential facility – Minot- 701-837-4989 Goodman Addiction Services – Minot – 701-852-3869 Prairie Recovery Center – Raleigh, ND – 701-597-3419 Teen Challenge ND – Mandan – 13 month faith based inpatient program for adults age 18 and over, doesn't accept insurance, doesn't refuse due to inability to pay -701-667-2131 Troy Fisher, LAC – All Of Us In Recovery – 218-779-7185, troy@allofusinrecovery.com Eckert Youth Home – Williston- residential treatment for adolescents ages 14 – 18. 701-572-7262 Summit Silver Creek Recovery Center – Watford City, ND, and Summit Prairie Recovery Center – Raleigh, ND 701-597-3419 – residential substance abuse and mental health services

<u>Alzheimer's Association</u> - 24 hour help line – 800-272-3900. Beth Olson, Regional Care Consultant – 701-952-0800 Memory Loss Support Group – 3rd Tuesday of the month – Lake Region Heritage Center, 502 4th St NE, Devils Lake, ND

Central Prairie Human Service Zone (formerly Wells Co Social Services) - 547-3694

Clinics

St. Aloisus Clinic, Harvey – 324-5131 Central Dakota Family Physicians, Harvey – 324-4856

Durable Medical Equipment

Great Plains Rehab Services – Bismarck – 800-222-4989 Lincare – Devils Lake office – 800-543-0185 Heart of America – Rugby – 776-5455, ext 2253 Sanford Health Equip – 800-876-2179 Options Resource Center – 701-324-4138 or 1-800-726-3692 KeyCare Medical – Minot – 701-839-4444 Service Drug – Harvey – 324-2227 Resource loan closet – Wells County District Health Unit – 547-3756 or 324-5259 Wells Sheridan Aging Services – 324-4032

Financial

Medicaid Expansion – 855-794-7308, or call your county or online at nd.gov.onlineservices.app

Food Pantry

Central Dakota Food Pantry – Harvey 324-4645 Maddock Community Food Pantry – Maddock 438-2738

Guardianship

Progress – Jeff Paiment – 252-6994 GAPS – 222-6600 Catholic Charities North Dakota – 255-1793 Guardian Angels – 701-952-6750

Hearing Services

Professional Hearing Services - 800-735-5866, come to Harvey every other month

Home Care

CHI Health at Home – 855-860-3464 – serves Harvey, Fessenden and surrounding communities; Bismarck office-701-530-4500, fax 701-530-4571 serves McClusky Aging and Disability Resource Link (ADRL) – intake line 855-462-5465,

Web intake - carechoice.nd.assistguide.net

Visiting Angels – Minot, ND 701-852-2636 First Light – 701-881-0101 Home Instead – serves several counties west of Wells – 888-331-1023; or Christy Mindt at 701-748-9953 ; <u>www.homeinstead.com</u> Bismarck office-call Amy at 701-751-0471

Home emergency alert systems

NoDak Medical Alert – toll free 1-855-203-7138, 701-712-8410 (Rugby) Great Plains Security Systems – 701-222-8817 (Bismarck), 701-838-8817 (Minot) Philips Lifeline – 1-855-615-7510 Life Alarm – 1-800-780-5433 800-MED-ALERT – 1-800-633-2537 Life Alert – 1-800-360-0329

Hospice

CHI Health at Home Hospice – 866-753-7327 Heart of America Hospice – Rugby – 776-5261 Hospice of the Red River Valley – Fargo – serves some of our southern area – 800-237-4629

Housing

Great Plains Housing Authority 701-252-1098 <u>www.greatplainsha.com</u> Serving Stutsman, Logan, Foster, Dickey, Sargent and Wells counties

Indian Health Services

Fort Totten – 766-1600

Legal Aid

For people over age 60 – 800-621-9886

Meals

Food Pantry – 324-4645, 324-4880
Wells/Sheridan Aging Meals – 324-4032
Anamoose Café – 465-3236
Mom's Meals – meals by mail, <u>www.momsmeals.com</u> : qualified under some Government programs
<u>Mental Health Services/Counseling</u>
Suicide Hotline – 800-472-2911
Devils Lake Psychological Services – 662-8255
Hart Counseling Services – Tim Hart – 701-952-8277
Lifewise Associates – Devils Lake – 662-1046; Erin Hagemeister, Psychiatric Mental Health Nurse Practitioner, comes to Harvey weekly – schedule with LifeWise Associates at 662-1046
Greg Volk – psychologist – Devils Lake - 877-846-4554
South Central Human Service Center – Jamestown – 800-260-1310, crisis line 253-6304

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Lake Region Human Service Center – Devils Lake – 888-607-8610
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Play therapist at LRHSC-Lisa Schuster 701-665-2200

180 Counseling, PLLC -Diane Soli, LCSW -Devils Lake – 701-230-2662 email address <u>diane.soli@180counselingpllc.ce om</u> website:180counselingpllc.clientsecure.me She provides telehealth therapy for ND residents. Her main areas of focus are mood disorders, anxiety, trauma, coping skills, self-harm, suicidal ideation, and LGBTQ+ population.

Her therapy methods include but are not limited to - Cognitive Behavioral Therapy,

Dialectical Behavioral Therapy, Eye Movement Desensitization and Reprocessing

Therapy, Strength Based and Person Centered

North Central Human Service Center - Minot - 888-470-6968

Village Family Service Center – Minot 701-852-3328

CHI St. Alexius Health - Carrington - Brittany Long, APRN-PMHNP-C,

- 1-800-532-8623 for appointments
- Trinity Health Center Riverside Minot 701-857-5998
- Therapist Megan Ekren, LAC, LPPC Carrington, also travels to Fessenden and Harvey 2-4 X monthly – 701-645-1032, <u>megan@advanceinrecovery.org</u>
- Clinical Therapist Lisa Hawley, LICSW Advanced Counseling for Change, Devils Lake - 701-662-1893

Mosaic Wellness - Nicole Franklin, MSW, LCSW, therapist - Harvey -

320-616-1868, or Jon Franklin at 320-616-8191

- Assessment and Therapy Associates of Grand Forks pediatric and older mental health care 701-780-6821
- Ruth Meiers Adolescent Psychiatric Residential Treatment Facility-Grand Forks-888-823-5931 or 701-795-3870
- Nexus-PATH Family Healing-Fargo 701-280-9545
- Luther Hall residential program with Nexus-PATH in Fargo, ages 10-17, for emotional, behavioral and mental health 701-232-8905
- Home on the Range 701-872-3745 Butte, ND Residential treatment facility for boys and girls ages 12-19.

<u>Other</u>

Central Dakota Ministerial Association –

Quorum - Home Infusion - 800-948-6337

Options Resource Center for Independent Living in Harvey – Serves Eddy, Foster, Wells and Griggs counties - Marcia Schneider – 324-4138, 218-791-3467, or 1-800-726-3692; Minot office 1-800-377-5114

- NDAD medical equipment, prescription meds, medical travel expenses, home/vehicle accessibility. toll free 1-888-999-6323
- Dakota Hope Clinic Pregnancy, Parenting and Family services 701-852-4675 Positive Progressions Therapy – Speech Pathologist - Susan Bartz, 307-899-3889
- Neighbors Helping Neighbors volunteers providing short term help for those going through an unexpected crisis (accident, death, natural disaster, transportation, etc.) for Sheridan and Wells Co residents. Call David – 701-693-5949 or Judy

701-693-5193

Palliative Care

CHI Health at Home – 866-753-7327

Website: GetPalliativeCare.org

<u>Prescription Assistance</u> Prescription Connect for ND – 888-575-6611

Psychiatric Admissions

Prairie St. Johns – Fargo – 701-476-7200, Intake 701-476-7260 (do not take patients with dementia)
St. Alexius – Bismarck – 701-530-7699, ask for on-call psychiatrist
Trinity in Minot – 800-247-1316, ask for on-call psychiatrist
North Dakota State Hospital – access through South Central Human Service Center – 800-260-1310 (no adolescent unit)
Sanford Bismarck – one call – 855-550-1225 (no adolescent unit, must be over age 18)
Sanford Fargo – one call – 701-234-6304 (no adolescent unit)

Respite

Becky at Easter Seals - 701-839-4121

Suicide

Suicide and Crisis Lifeline – 988 or website at 988lifeline.org. First Link 24/7 suicide crisis line – 800-273-8255

<u>Support</u>

 AA – 7:30 pm on Thursdays at basement of St. Cecelia's Catholic Church in Harvey; contact Steve Eckart at 399-9878.
 Celebrate Recovery – 4-28-22 not meeting at this time meets Wednesdays at Assembly of God Church in Harvey,

meal at 6:30 pm, meeting at 7:00 pm, contact Jeremy Nelson - 701-399-6701 Family Voices of ND – kids with chronic conditions – 888-522-9654

Easter Seals – for disabled/special needs – 800-247-0698 Children of Divorce Classes, Grief support classes, through NDSU Extension – 667-3340 Senior Companion Program – call Wells/Sheridan Aging services – 324-4032 Family Caregiver Support Program – 253-6396

Transportation

Faith in Action – 324-2548
Wells/Sheridan Aging Senior bus – 324-4032
West River Transit – 888-682-5826
Jamestown area – 701-252-2882
Benson County transit – 438-2192
Kidder County Public transit – Paul Geringer – C#701-320-6040, H#701-273-6040
Souris Basin transit – Minot area – 852-8008
Veterans transportation – Sheridan county 341-4018, Wells County 341-4010
Neighbors Helping Neighbors – call David at 701-693-5949 or Judy at 701-693-5193

Veteran's Services

Veteran's Crisis Line – 988 then press 1 or 1-800-273-8255, press 1 VA in Fargo – 232-3241 Wells County Veteran's Service Officer – Amy Dale, 324-2665 Sheridan County Veteran's Service Office – 341-4018 Free transportation – Sheridan County 341-4018, Wells County 341-4010 Home oxygen-call Fargo VA, oxygen clinic at 701-232-3241, press 9-3482. Fax # 701-237-2653. Veteran's Step Up Foundation – assistance in filing for and accessing benefits – 701-681-9272, email: <u>VSUF@yahoo.com</u> mail: 553 Brewster St E, Harvey, ND 58341

Vocational Rehab Connie Gange 701-253-6350

Vulnerable Adult Protective Services

1-855-462-5465 Eddy County - 701-665-2269 Wells/Foster Counties - 701-952-8277

Wells County District Health Unit – 547-3756 or 324-5259

Wells County Women's Way program - Danica Grossman - 324-5107

Resources 10-21-22