



St. Aloisius
Medical
Center

SMP Health System

HEALING FIRE AND LIGHT

Marian Hase—Editor Staff News

November 2019

We are all God's people taking care of God's people.

In This Issue

St. Aloisius Medical Center Clinic
Mission Statement
Sister's Corner
New Employees
R&R Employee Anniversaries
Direct Dial Numbers
Formation Minute
Active Shooter Exercise

Thanksgiving

National Holiday

Thanksgiving Day in the United States is celebrated on the fourth Thursday of November each year. Traditionally it is a time to give thanks for all the sacrifice and hard work done for the harvest. In modern times people take time off work (4 day weekend starting Thursday) and spend time with family and friends over a large feast held on Thanksgiving Day.

Thanksgiving in the early days of the United States was celebrated on a variety of dates and eventually Abraham Lincoln in 1863 with help from Sarah Josepha Hale [1] decided Thanksgiving should be on the final Thursday in November. Later, Franklin D. Roosevelt signed the day into law [2] making the day officially celebrated on the fourth Thursday of November.



Thanksgiving around the world

In Canada, they celebrate Thanksgiving on the second Monday of October. Liberia celebrates the day on the first Thursday of November and Saint Lucia the first Monday in October and finally Grenada celebrates on October 25th each year.



SMP Health System

St. Aloisius Medical Center

Mission Statement:

St. Aloisius Medical Center,
inspired by Jesus,
in union with the Sisters of Mary
of the Presentation,
ministers health to all we serve.

Values:

Hope – Creating an atmosphere of trust and confidence.

Healing – Caring for body, mind and spirit.

Hospitality – Welcoming, in a Christ-like way.



CHI St. Alexius Health

Imagine better health.™

Employee Assistance Program

Call: (701) 530-7195

or (800) 327-7195

CHISTAlexiusHealth.org



Romans 12: 1-13

Do you feel ill-equipped to serve the Lord?

A sense of inadequacy is one of many excuses people use to avoid ministry and service, but it's not a valid one. Evading the Father's call can affect His work on earth, prevent the blessings that come from obedience, and keep us from eternal rewards in heaven.

Jesus Christ knew all about the human tendency to feel inadequate. That is why He assured His followers they would receive a Helper—the Holy Spirit—who would come to abide in them forever (*John 14:16*). The Spirit enables, energizes, and equips believers to serve the Lord. One of the ways He aids us in by providing spiritual gifts, which are capabilities given to believers.

Our heavenly Father has a ministry in mind for each of His followers. Therefore, necessary spiritual "equipment" has been selected to help us carry out His work, and these gifts were planned by our Creator before we were born. It is His purpose that we embrace our gift and combine it with other believers' gifts in order to serve Him wholeheartedly as the body of Christ. Even the smallest job contributes to the Great Commission and the strengthening of Jesus Christ's body the church, no matter what religion you are.

The Lord has a plan for every one of us. To ensure that we can meet His expectation, He first builds natural talents into us. At salvation, He adds a spiritual gift. Then the heavenly Father opens doors of opportunity and the Holy Spirit manifest His power so that we can carry out the work set before us.

What's your excuse today? What is it that God has called you to that you are still trying to wiggle out of because you feel unqualified? The truth is, if you could do it on your own, it may not be an assignment from God. God always calls on us to do greater than we can imagine. The assignment He gives requires more than we are willing and often times able to do in our own strength.

My challenge for you today is to accept the assignment you have been given and go in the strength that you have. Remember as God told Zechariah, it's not by might, nor by power, but by My Spirit says the Lord. You already have what it takes to get the job done. Again, go in the strength that you have.

Your Chaplain, Sister Mary Agnes
Pastoral Care Department

PARKING

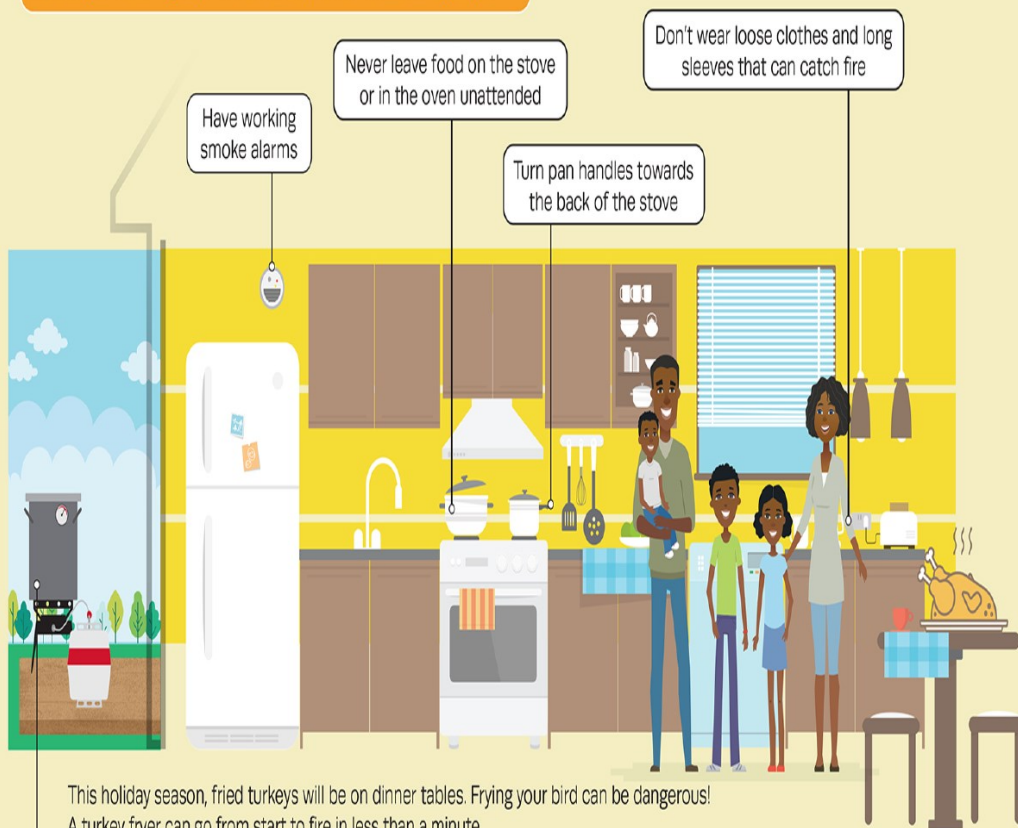
Remember—Monday through Friday from 7 am to 5 pm the clinic and the hospital lots are not available for employee parking unless you have permission from your supervisor .

North parking lot is always available as well as the parking lot behind the hospital.

Gobble Up Safety!

Let your Thanksgiving Day
be full of thanks...not fires!

Each year, there are about 1,800 cooking fires on Thanksgiving Day. Before you fire things up in the kitchen, follow these safety tips:



This holiday season, fried turkeys will be on dinner tables. Frying your bird can be dangerous! A turkey fryer can go from start to fire in less than a minute.

If you use a turkey fryer this holiday season, follow these safety tips:

- Fry turkeys outside and away from your home.
- NEVER OVERFILL the oil or put a frozen turkey in the fryer.
- And always keep an eye on your bird.



USCPSC



Find more safety tips at CPSC.GOV

Healing Fire &

Active Shooter Exercise October 15, 2019

Thank you to all who participated! We had 44 victims, players and observers from St. Aloisius.

This was an exercise involving law enforcement, ambulance services, Harvey Fire Department and St. Aloisius Medical Center employees.

The results of this exercise will enable all the participating organizations to get grant funds to help get equipment, or training that will help all respond to these kinds of incidents.

We never want to think this could happen, but we need to be prepared. And we did discover things we can put in place to make our residents, patients and staff safer. More to come!

See pictures on the back page!



St. Aloisius November Anniversaries

Carol Reimche—38 years
DeeDee Knudtson—27 years
Eileen Bjorland—22 years
Melissa Schimke—8 years
Jessica Coombs—5 years
Lauren Lemer—3 years

Donna Corneliusen—37 years
Betty Hakanson—25 years
Shirley Fry—21 years
Sandra Wachtel—8 years
Cathy Rieder—4 years
Rita Weninger—1 year

Jackie Martin—29 years
Sarah Helland—25 years
Lanae Strand—15 years
Amberlee Schroeder—6 years
Gaylene Roerick—3 years

277 years of dedicated service to St. Aloisius Medical Center!

FORMATION MINUTE

"If you aren't fit to face death today, it's very unlikely you will be tomorrow."

—Thomas à Kempis

"Brothers, what we do in life, echoes in eternity." -Maximus, Gladiator

November, like the other fall months, is transitional. In the earlier autumn months we find ourselves looking back on the fleeing warmth of summer and noticing the changes in the colors of the leaves. By the time November arrives, however, the leaves have fallen and our memories of summer have been replaced by thoughts of the winter months ahead. There is a feeling of finality—as if we've come to the end. We move from reflecting on the life of summer to the death of winter.

This sense of death is reflected in the Church's liturgical calendar, as well. We begin the month with the celebrations of All Saints day and All Souls day on November 1 and 2, respectively. On these days we remember all those who have gone before us who are now in heaven (All Saints) or in purgatory (All Souls). For this reason, the whole month of November is set aside for prayer for and remembrance of those who have died.

With both the seasonal and liturgical shift in focus toward death, it makes sense for us to take a moment to reflect on our own mortality. We are very good at distracting ourselves from this, but if we're honest, it is ultimately one of the more important things we can do. I'm not saying we should obsess over death, but rather that it is a good thing to, once in a while, take a sobering look at the truth that one day I will die, and to ask the question, "will I be ready?" While this might seem somewhat morbid and depressing, it's a good practice. As Catholics, we believe that death is not the end, and that how we live our lives on earth will determine whether we spend eternity with God in heaven or apart from him in hell. Thus, being ready for death is more than simply making sure my family will be taken care of and temporal affairs are in order. While these are important, they are not as important as answering the question of whether my soul is prepared for its judgment. In this sense, being ready for death is a lifelong process. Every day we take a step closer to death. Is that step toward or away from God?

Whether you personally believe this or not, this is the framework within which we as a Catholic health system operate. In health care, we are faced with the reality of death in ways that others are not. Further, as a Catholic health system, preparing one for death in this sense is one of the ways in which we provide holistic care. Healthy reflection not only helps us prepare ourselves for our own death, but it can help us minister to those more imminently facing this reality.

Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

JT Kennelly
Director of Formation
SMP Health System



R&R Committee**(Retention & Recognition) NEWS**

1. **MORE MEMBERS ARE NEEDED FOR THIS COMMITTEE!**
2. They meet the second Wednesday of each month at 2:00 pm to discuss ways to promote employee recognition and retention. **YOU ARE NEEDED!** Meet in the Administrative Conference Room on 1st floor.
3. 2nd Wednesday is a day to **WEAR JEANS** for \$1 with the money going to the R&R Committee to provide **STUFF**.
4. Are you one of the privileged ones to get a designated parking spot?

St. Aloisius Medical Center Direct Dial Numbers**St. Aloisius Clinic—324-5131****Medical Floor - 324-5112****Unit A—324-5121****Unit B—324-5118****Daycare—324-5109****Sherri Engkvist—324-5120****Candie Thompson—324-5113****Lab—324-5116****Radiology—324-5107****Physical Therapy—324-5119****Enter these numbers in your phone!****Cut this out and put on your fridge!****Ashley Van Dolah**

Ashley is the Human Resources Director for St. Aloisius Medical Center. She brings with her years of experience in human resources along with experience working in the healthcare setting.

Along with being involved in the hiring process, Ashley will be in charge of New Employee Orientation.

Her office is beside Nancy's office. Stop in to say HI! Look forward to hearing more information on Human Resources!

October 2019 NEW EMPLOYEES
Welcome to the St. Aloisius Family!

Lauren Sting—LTC

Petrina Krenzel—Lab

Darla McDonald—Physical Therapy





Victims were Aynul Dean, Sara Balfour, Amanda San-saver, Lisa Ponzer, Donna Corneliusen, and Jennifer Dorman.

