



St. Aloisius
Medical
Center

SMP Health System

HEALING FIRE AND LIGHT

Marian Hase—Editor Staff News

November 2019

We are all God's people taking care of God's people.

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St Aloisius Medical Center Clinic

Appointments can be made by calling **324-5131**.

Providers: Dr. Rick Geier, Dr. T.I. Dean; Kim Thorson, FNP, Deb Buxa, FNP, Lisa Neumiller, FNP. Also serving our patients: Dr. Michael Page; Dr. Ronald Skipper and Dr. Kelly Krohn.



SMP Health System

St. Aloisius Medical Center

Mission Statement:

St. Aloisius Medical Center,
inspired by Jesus,
in union with the Sisters of Mary
of the Presentation,
ministers health to all we serve.

Values:

Hope – Creating an atmosphere of
trust and confidence.

Healing – Caring for body, mind
and spirit.

Hospitality – Welcoming, in a
Christ-like way.

November 2019 NEW EMPLOYEES Welcome to the St. Aloisius Family!

Kari Kanwischer—Med/Surg
Carol Martin—Housekeeping
Shirley Horn—Dietary
Mary Kittelson—Dietary



A Christmas Blessing

May love come alive within your heart
As Christmas time draws near.
May hope fill each room you decorate
And bring joy to those you hold dear.
May peace be before you at every meal
And faith ring through every song.
For Christ is alive, the light of the world
May he bless you all season long.

www.lords-prayer-words.com



Advent

The Advent season begins on Sunday, December 1, 2019. It is a time of silence, watching and waiting with Zechariah. So let our advent journey of faith by prayer through Zechariah story.

It's the story of someone whose life was changed by the promise of God visiting his people. It's a story whose heart and mind were opened through silent prayer and reflection.

No matter how you feel, one thing is sure, you can grow closer to God this advent, whether or not you are able to give gifts or celebrate with your family, God has gifts of hope, renewal and joy to give you. He wants you to celebrate with him. God knows what you need; he knows every prayer you have ever prayed.

So during this advent season, remember to take some time of silence to be with the Lord, and not being taking up with what ever Christmas can bring—anxiety or other concern one may have in preparing for that great day when Christ came into this world as a child. Let this time of silence draw us closer in faith to one who love us all so much. Your advent journey is up to you as to how you want it to be in your life. Maybe it's by not taking part in the world around in showing how to get your attentions. You can make a little quiet time by turning off your cell phone and other noise and spend a little quiet time to listen to God in stillness.

God knows what you need, so entrust your quiet time to listening to him in your prayer time. By taking time to hear Jesus during your prayer time is a way you will be come closer to God on Christmas day, with a deeper faith as God hears every prayer.

What is your advent going to be like this year? Is it going to be so busy that you don't have time to take some quiet time for yourself If so, don't get caught up in all the demands that draw you away with all the baking, shopping and decorating. Let's make this time a little more simple by taking time for ourselves in prayer as a way of growing closer the real meaning of Christmas.

Your Chaplain, Sister Mary Agnes
Pastoral Care Department

PARKING

Remember—Monday through Friday from 7 am to 5 pm the clinic and the hospital lots are not available for employee parking unless you have permission from your supervisor .

North parking lot is always available as well as the parking lot behind the hospital.

St. Aloisius December Anniversaries

Pam Held—40 years
Robin Arnold—20 years
Mary Bachmeier—19 years
Nathan Pitchford—12 years
Matthew Voeller—4 years
Ashley Lilley—3 years
Erica Littlefield—3 years
Wendy Wagner—2 years
Breanna O'Kelley—2 years
Pam Blomquist—2 years
Christine Clott—2 years
Matthew Kittelson—2 years
Erik Christenson—1 year

114 years of dedicated service to St. Aloisius Medical Center!



JOY

Remember elephant jokes? Knock-knock jokes? Ole and Lena jokes? How about silly movies, crazy sit-coms, or goofy commercials? Some brought smiles and chuckles. Others brought genuine belly laughs! But a glad heart is more than smiles and chuckles, more lasting than any quickly-passing joke or drama. A glad heart is evidence of God's presence in us and the sure knowledge of His love for us. The joy of His presence is reflected in a cheerful face.

Does that mean no sorrows, no troubles; no setbacks for His people? No, for we live in a world beset by them, a world filled with sin. But it does mean that, because of God's presence, we can have joy in, around, and in spite of unhappiness. With the psalmist we can pray, Restore to me the joy of your salvation (Psalm 51:12a). We have Jesus' promise, "I will see you again, and your hearts will rejoice, and no one will take your joy from you" (John 16:22b). His promise is no joke. It's the reason for an eternal smile!

A Point to Ponder: How will my face reflect the joy of the Lord today?

Employee Appreciation Banquet 2019

40 years of service— Gary Kennedy, Pam Held, Shirley Mock, LeeAnn Krahler, and Lori Wolf, not pictured.



Twenty seven employees worked a total of 570 years for the 2019 employee awards! Not pictured: Joe Fisher, Ethel Alexander, Vickie Kukowski, Lori Wolf, Jessica Coombs, Marjorie Kleinsasser and Kelly Christenson.

Awesome!!!

Employee Appreciation Banquet, November 22, 2019. Standing: Gary Kennedy, Robin Arnold, Brenda Finley, Danica Grossman, Grace Metcalf, Pam Held, Joan Adams, Shirley Mock, Dorothy Baltrusch, Brent Sabot, Marcella Sommer, Courtney Lutt, and Jessica Hanson. Seated: Melissa Vollmer, Kathy Sieg, Christy Arends, Linda Faul, LeeAnn Krahler, Marian Hase, Rosella Adam.

FORMATION MINUTE

“Behold, how good and pleasant it is when brothers dwell in unity!”
(Psalm 133:1)

“I don’t know what to say, but it’s Christmas and we’re all in misery.”
–Ellen Griswald

In December, as we approach the end of the calendar year, we find ourselves in the season of Advent, a time of joyful anticipation and preparation for the Christmas season. While there is much joy and excitement, we might find this either mixed with, or overshadowed by, some of the other emotions that go along with preparing for Christmas. In a particular way, with the added stresses of preparing for Christmas, we can find it hard to deal with the people in our lives—family, friends, coworkers, residents, patients, etc. Instead of being a Hallmark Christmas movie, our experience can sometimes feel more like *National Lampoon’s Christmas Vacation*. Fortunately for us we have something more than nice sounding seasonal platitudes to help us through this, namely, the virtue of charity.

Now, when we think of charity we often think of simply doing good things for others—volunteering our time, donating to a certain cause, and so forth. While these are good things to do, they don’t get to the heart of what charity really is. According to the *Catechism of the Catholic Church*, charity is “the theological virtue by which we love God above all things for his own sake, and our neighbor as ourselves for the love of God” (CCC 1822). Notice that charity is firstly about loving God. Only when we love God and know his love can we truly love our neighbor. The reason for this is that the closer we are to God, the more we will see things from his perspective. This is also why we in Catholic health care do our best to serve everyone, regardless of race, religion, socio-economic status, or any other factor. We serve everyone as someone uniquely loved by God.

While this sounds good, it isn’t always easy. The religious sisters who walked in our shoes before us knew this very well. Caring for difficult patients and residents, as well as living in community with other sisters (or family members) can be very trying. This is one reason why prayer has been such a priority for them—the closer we are to God, the easier it is to love our neighbor.

Therefore, this Advent, when preparing for Christmas, perhaps we might pray for an increase in charity so that, instead of just surviving the holidays, we might open our hearts to receive the Christ child and his love, and, in turn, love those around us more deeply.

Wishing you and yours a blessed Advent and a merry Christmas,

JT Kennelly
Director of Formation
SMP Health System





Employee Assistance Program

Call: (701) 530-7195

or (800) 327-7195

CHISTAlexiusHealth.org

R&R Committee

(Retention & Recognition) NEWS

1. **MORE MEMBERS ARE NEEDED FOR THIS COMMITTEE!**
2. They meet the second Wednesday of each month at 2:00 pm to discuss ways to promote employee recognition and retention. **YOU ARE NEEDED!** Meet in the Administrative Conference Room on 1st floor.
3. **2nd Wednesday is a day to WEAR JEANS for \$1 with the money going to the R&R Committee to provide STUFF.**
4. Are you one of the privileged ones to get a designated parking spot?

St. Aloisius Medical Center Direct Dial Numbers

St. Aloisius Clinic—324-5131

Medical Floor - 324-5112

Unit A—324-5121

Unit B—324-5118

Daycare—324-5109

Sherri Engkvist—324-5120

Candie Thompson—324-5113

Lab—324-5116

Radiology—324-5107

Physical Therapy—324-5119

Enter these numbers in your phone!

Cut this out and put on your fridge!

On November 29, we enacted our St. Aloisius Medical Center emergency call back. If you DID NOT receive a call or text from a HAN alert message, please let Marian know. It may be we don't have your cell phone number.

This will be tested multiple times for things like this—it's a means of testing our capabilities. mhase@staloisius.com



As 2019 comes to a close, I would like to provide you a courtesy reminder to update your personal information. It is important to keep this updated as we often send out important notices and emails, such as information regarding W-2 forms.

For your convenience below is an action checklist to consider closing your 2019 obligations:

Contact information

Mailing address

Phone number

E-mail address

Tax status and Withholdings

Marital status

Withholding allowances

If your marital status has changed, please provide legal documentation to Human Resources to update your record.

Please remember it is your reasonability to ensure your information is up to date. If you have any changes please fill out a Contact Information Update Form which can be found with Ashley Van Dolah, Human Resources Director Ext 5123.

IT'S WINTER!

1. **Beware of icy parking lots.** Available at every entrance—anti-slip stuff. It's everyone's responsibility to spread the stuff, not just maintenance.
2. **Winter Storm Policy** has been activated twice already. If you are scheduled during a storm, call your supervisor to see what you are required to do.
3. Got a winter survival kit in your car? How about a "Gotta go to work" bag? :)

ST ALOISIUS COMMUNITY BENEFIT REPORT 2019

In order to report its benefits to the community, St. Aloisius prepares an annual Community Benefit Report which is required to be attached to our IRS 990 Tax return with the Schedule H. During our fiscal year ending 9-30-19, we provided \$463,938 in community benefits/non-compensated benefits.

Our ministry is very supportive of community organizations. The following are some of the services St. Aloisius has provided to the community:

- Sponsored weekly radio spots where health issues are addressed
- 24/7 Pastoral Care services.
- Provided our exercise/fitness area for the community in our cardiac rehab center. This year there were 213 people who used the wellness center visits for 2,069 encounters.
- Provided lab services to 940 patients during our spring and fall Wellness Days.
- Provided Natural Family Planning services to the community with four couples participating this past year
- Our Diabetic Educator hosted DEEP classes on diabetic education with 15 participants as well as counseled 39 acute and swing bed patients
- With our new Cardiac Ready Community Project, we conducted blood pressure screenings for 1,378 patients, where six were referred to their providers for further follow up. We also trained 407 community members on hands only CPR
- We provided sports physicals to 49 area athletes and their payments for the physicals of \$980 was donated to Wells County Booster club
- Provided Suicide prevention education to the schools in the county and worked with the Community Cares on suicide prevention events
- Provided donations to local school projects and other community groups, memorial services, child protection referrals
- Presented bi-weekly "Did You Know" health information in the local newspaper
- Provided office space (in kind) for Hearing Aid Services and Rural Mental Health consortium staff/clients in our outpatient services building. There were 152 people served with 428 encounters by the Rural Mental Health staff.
- Provided cable television, internet and phone to our patients and residents which is non reimbursable on our cost report
- Use of the Presentation Center for meetings/celebrations
- Sent outdated supplies to local veterinarians for use and/or to missionaries for distribution in the Philippines.

Any questions on Community Benefits can be directed to Sandy Teubner.

December is:

Dec. 3 to Dec. 9: National Hand Washing Awareness Week

Dec. 4 to Dec. 11: National Influenza Vaccination Week

Days to note: Dec. 1: World AIDS Day

