



St. Aloisius  
Medical  
Center

SMP Health System

# HEALING FIRE AND LIGHT

Marian Hase—Editor Staff News

September 2019

We are all God's people taking care of God's people.

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## St Aloisius Medical Center Clinic

Appointments can be made by calling **324-5131**.

**Providers: Dr. Rick Geier, Dr. T.I. Dean; Kim Thorson, FNP, Deb Buxa, FNP, Lisa Neumiller, FNP. Also serving our patients: Dr. Michael Page; Dr. Ronald Skipper and Dr. Kelly Krohn.**



SMP Health System

## St. Aloisius Medical Center

### Mission Statement:

St. Aloisius Medical Center,  
inspired by Jesus,  
in union with the Sisters of Mary  
of the Presentation,  
ministers health to all we serve.

### Values:

**Hope** – Creating an atmosphere of  
trust and confidence.

**Healing** – Caring for body, mind  
and spirit.

**Hospitality** – Welcoming, in a  
Christ-like way.

## August 2019 NEW EMPLOYEES Welcome to the St. Aloisius Family!

Colleen Bibelheimer—LTC  
Keenan Davis—Dietary  
Aynul Dean—Switchboard  
Melanie Haugen—Laundry  
Desiree Parsons—Dietary  
Nicole Schwalbe—LTC  
Shelly Stafford—Clinic  
Tanner Thompson—Maintenance



**PREPARED,  
NOT SCARED**

FEMA Ready

National Preparedness Month 2019



### Comfort in the Storm of Life!

“He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.” 2 Corinthians 1: 4.

Because He comforts us first, we are able to comfort others. We may not be able to change someone's circumstances, but we can be there just to sit and let them know they are not alone.

So many things we can't control, but we can be there. Even when we can't understand the situation or the pain, just being present can often be enough. It validates another person's emotions. It says “you don't have to walk through this alone.”

And perhaps, as God works through us, it even shines some light into the dark places in our lives.

Just know that Jesus is waiting in the midst of the storm, no matter what storm we are going through in life at the moment.

Look at Peter in Matthew 14: 28-Peter is questioning the Lord, when he first says, “Lord, if it's you, tell me to come to you on the water? Peter is aware of two facts: He is going down, and Jesus is staying up. And it doesn't take him too long to decide where he would rather be. Perhaps a better interpretation of his request would be, Jesus, if that is you, then get me out of here! “Come on “ is the invitation. And Peter doesn't have to be told twice. It's not every day that you walk on water through waves that are taller than you are. But when faced with the alternative of sure death or possible life, Peter knows which one he wants. The first few steps go well. But a few strides out onto the water, and he forgets to look to the One who got him there in the first place, and down he plunges. Peter's response may lack class – it probably wouldn't get on the cover of sports illustrated, but it gets him out of some deep water: “Help me!” And since Peter would rather swallow pride than water, a hand comes through the rain and pulls him up. If you have never entrusted your life to God, you can do that today and feel the relief that he is in control.

Your Chaplain, Sister Mary Agnes  
Pastoral Care Department

### **M&M (Mission & Motivation) Days Scheduled for 2019**

Deacon Ken Votava will be the presenter on Tuesday, October 8—12:45 pm to 2:45 pm; 7:00 pm to 9:00 pm. Wednesday, October 9—8:00 am to 10:00 am; and 1 pm to 3 pm. Deacon Votava is the director of Pastoral Care at Ave Maria Village in Jamestown.

A short session on “How to Respond to an Emergency” will be given at each presentation.

## St. Aloisius September Anniversaries

Nancy Selzler—47 years  
 Shirley Leintz—47 years  
 Ronda Patzr—38 years  
 Beth Huseth—37 years  
 Lisa Lemer—29 years  
 Eleanor Sieglock—23 years  
 Danica Grossman—20 years  
 Sandra Teubner—14 years  
 Crystal Hornbacher—13 years  
 Brenda Finley—10 years  
 Yolanda Gray—8 years  
 Misty Axtmann—6 years  
 Christy Arends—5 years  
 Judy Weigelt—4 years  
 Tammy Shank—3 years  
 Danielle Vlaminck—3 years  
 Kristoffer Tinajero—2 years

**311 years of dedicated service to St. Aloisius Medical Center!**



## PARKING

Remember—Monday through Friday from 7 am to 5 pm the clinic and the hospital lots are not available for employee parking unless you have permission from your supervisor .

North parking lot is always available as well as the parking lot behind the hospital.

## ACTIVE SHOOTER FULL SCALE EXERCISE OCT. 15, 2019

We plan on having victims, players and observers. Victims will get “shot”. Players will be doing what they would do if it were really happening. Observers will be watching and learning.

If you are scheduled to be working, you will work your job as usual. Victims, players and observers will not be doing anything but the full scale exercise. More information to come!

In the mean time, be thinking what you would do if a shooter came to your department. RUN—HIDE—FIGHT!!!

**STAFF NOTIFICATION IN THE EVENT OF EMERGENCY**—as part of our Emergency Operations Plan, all staff will get a call from St. Aloisius Medical Center. This call will tell you what is happening and what you how you will be expected to respond. This is a mass notification system. You may get notified by text, cell phone, home phone and email. If you respond to one of those notifications, the others will not take place.

## Safety Sermon—Step Up Your Ladder Safety

- Set the base of a straight ladder out 1 foot for every 4 feet of the ladder’s height.
- When climbing or descending, always keep at least 3 points of contact—2 feet and a hand, or 2 hands and a foot.
- Use a tool belt or haul tools up in a bucket with a rope to keep your hands free for climbing and descending.

## HIPAA Moment—Privacy—must be kept confidential

Protected Health Information (PHI) includes:

- Names
- Address (including everything but the state)
- Dates (other than the year) directly related to an individual (birth date, admission date, discharge date, date of death and all ages over 89)
- Phone numbers, fax numbers, email addresses
- Social Security numbers,
- Medical Record numbers
- Insurance identification numbers
- Account numbers
- Driver’s license numbers, VINs, license plate numbers
- Full face photographic images

**This is all patient identifiable information and must not be released without authorization for anything other than payment, treatment and hospital/LTC operations.**

If you have any questions, ask Marian. [mhase@staloisius.com](mailto:mhase@staloisius.com)

## FORMATION MINUTE

As a Catholic health system, we are faced with the question of what makes us different from other, secular health systems. We like to point to the type of care that we provide as a faith-based ministry, or some other intangible (“there’s just something different...”). We like these because they are positive things we do which make us different. Another thing that makes us different is that we mention frequently our adherence to the *Ethical and Religious Directives for Catholic Health Care Services* (ERDs). While we will mention these as something that makes us different, we sometimes do so with a little hesitation. We often think of the ERDs as simply a list of things that we are not allowed to do because a bunch of bishops said so. While it is true that the directives list various procedures that as Catholics we deem unethical, to reduce the ERDs to this alone misses the mark.

For those unfamiliar, the ERDs are directives from the U.S. Catholic bishops which all Catholic hospitals and nursing homes are required to follow. They are divided into six parts, touching on a number of different aspects of Catholic health care such as beginning and end of life care, pastoral care, professional-patient relations, etc. Each section has a handful of different directives laying out how to act ethically in different circumstances, and is preceded by a narrative introduction which lays out briefly some of the principles which inform the directives. In other words, the directives aren’t just arbitrarily made up. The bishops want us to know not only *what* we ought to do, but also to know *why* we ought to do it.

For example, the belief in inherent human dignity is a widely accepted principle. This idea is so important to Catholic healthcare that it is mentioned in each one of the six sections of the ERDs as a guiding principle. Our understanding of inherent human dignity is itself grounded in the belief that all people are created in God’s image and are called to share in God’s life for eternity in heaven. Thus we go so far as to speak of the sanctity of all human life from conception to natural death. Therefore, because all human beings have inherent dignity, we have an obligation to care for them as such, which means there are certain things that we must do, and certain things which we cannot do. Knowing the difference can be difficult, especially with regard to the care provided at the beginning and end of life. This is where the ERDs come in. The ethicists, theologians, philosophers, medical professionals, scientists, and bishops who contributed these directives help us apply these fundamental principles to the ever-changing landscape of the health care world. In this light, the ERDs are far from being simply an arbitrary set of rules that we are forced to follow.

The ERDs are fairly short and can easily be found online. If you haven’t done so, I would recommend taking a look at them to shed a little more light on what makes us different.

JT Kennelly  
Director of Formation  
SMP Health System





### Employee Assistance Program

Call: (701) 530-7195

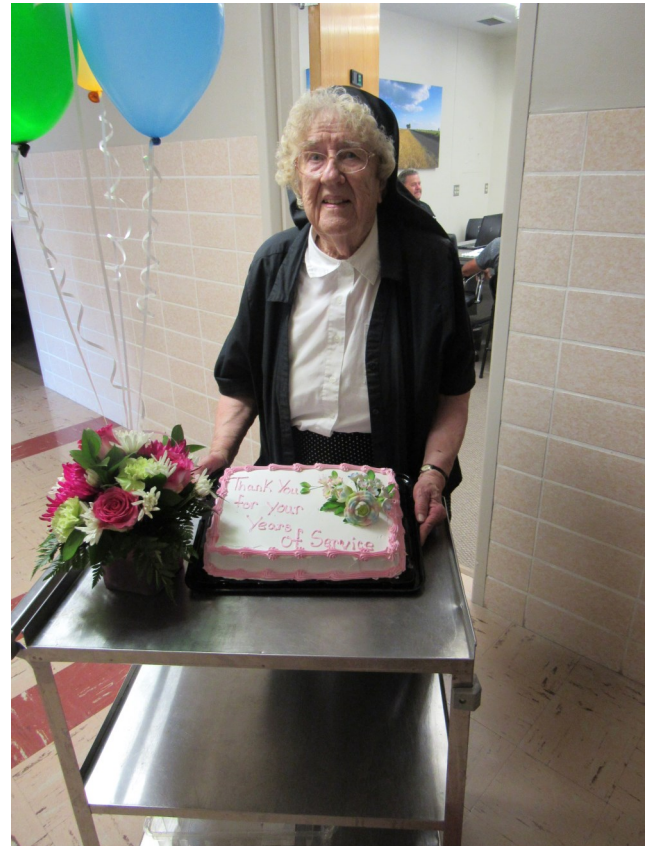
or (800) 327-7195

[CHStAlexiusHealth.org](http://CHStAlexiusHealth.org)

### R&R Committee

#### (Retention & Recognition) NEWS

1. **MORE MEMBERS ARE NEEDED FOR THIS COMMITTEE!**
2. They meet the second Wednesday of each month at 2:00 pm to discuss ways to promote employee recognition and retention. **YOU ARE NEEDED!**
3. 2nd Wednesday is a day to **WEAR JEANS** for \$1 with the money going to the R&R Committee to provide **STUFF**.
4. Are you one of the privileged ones to get a designated parking spot?



After many years of service on the St. Aloisius Medical Center Board of Directors, **Sister Elizabeth Rose Muscha** has retired. She is residing at Maryvale. Thank you, Sister Elizabeth Rose! God's blessings to you!



# LABOR DAY

### St. Aloisius Medical Center

### Direct Dial Numbers

St. Aloisius Clinic—324-5131

Medical Floor - 324-5112

Unit A—324-5121

Unit B—324-5118

Daycare—324-5109

Sherri Engkvist—324-5120

Candie Thompson—324-5113

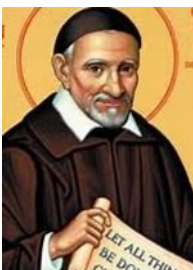
Lab—324-5116

Radiology—324-5107

Physical Therapy—324-5119

Enter these numbers in your phone!

Cut this out and put on your fridge!



Vincent de Paul CM was a French Catholic priest who dedicated himself to serving the poor. He was renowned for his compassion, humility and generosity. He is sometimes referred to as "The Apostle of Charity" and "The Father of the Poor". St. Vincent de Paul Feast Day is celebrated September 27. Sisters of Mary of the Presentation celebrate this day!



## FALLS PREVENTION CONVERSATION GUIDE FOR CAREGIVERS

### Why is falls prevention important?

#### FALLS ARE COMMON

- Falls are the leading cause of fatal and non-fatal injuries for older Americans. 1 in 4 older adults falls each year.
- Every 11 seconds, an older adult is treated in the emergency room for a fall.
- Every 19 minutes, an older adult dies from a fall.

#### FALLS CAN CAUSE SERIOUS INJURIES

- Falls result in injuries, such as hip fractures, broken bones, and head injuries. In fact, more than 2.8 million older adults are treated in emergency departments annually because of a fall, resulting in over 800,000 hospitalizations.

#### FALLS ARE COSTLY

- The average hospital cost for a fall injury is over \$30,000. Falls, with or without injury, carry a heavy burden on quality of life. After a fall, many older adults develop a fear of falling and, as a result, limit their activities and social engagements. Fear of falling can result in further physical decline, depression, social isolation, and feelings of helplessness.

#### FALLS IMPACT CAREGIVERS, TOO

- Research has shown that after a care recipient's first fall, caregivers report a significant increase in caregiver burden, fear of falling, and depression.

