



St. Aloisius
Medical
Center

SMP Health System

HEALING FIRE AND LIGHT

Marian Hase—Editor Staff News

October 2019

We are all God's people taking care of God's people.

In This Issue

St. Aloisius Medical Center Clinic
Mission Statement
Sister's Corner
M&M Days Scheduled
New Employees
R&R Employee Anniversaries
Direct Dial Numbers
Formation Minute
Safety HIPAA
Staff Notification—Emergency
Active Shooter Exercise



St Aloisius Medical Center Clinic

Appointments can be made by calling **324-5131**.

Providers: Dr. Rick Geier, Dr. T.I. Dean; Kim Thorson, FNP, Deb Buxa, FNP, Lisa Neumiller, FNP. Also serving our patients: Dr. Michael Page; Dr. Ronald Skipper and Dr. Kelly Krohn.



SMP Health System

St. Aloisius Medical Center

Mission Statement:

St. Aloisius Medical Center,
inspired by Jesus,
in union with the Sisters of Mary
of the Presentation,
ministers health to all we serve.

Values:

Hope – Creating an atmosphere of
trust and confidence.

Healing – Caring for body, mind
and spirit.

Hospitality – Welcoming, in a
Christ-like way.

August 2019 NEW EMPLOYEES Welcome to the St. Aloisius Family!

Maria Steichen—LTC
Janine Schmitz—Clinic
Jasmine Ripplinger—Physical Therapy Co-op
Ashley VanDolah—Human Resources
Teresa Aljets—Dietary
Brock Fisher—Dietary
Jennifer Dorman—Dietary
Rakan Dodin—Med Student with Dr. Geier



OWN
SECURE
PROTECT

OCTOBER 2019

National Cybersecurity
Awareness Month
#BeCyberSmart



CISA
CYBER INFRASTRUCTURE



Peace and the Holy Spirit

You have been given a promise and a gift of Jesus. You have been given this gift. It's the gift of Peace. Do you want more peace in your heart? The peace Jesus gives is unlike anything the world calls peace. It is peace in the turmoil of day to day living. It is a peace that steadies you and a calm that encases you even when life is not calm around you.

"Peace I leave with you, My peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." *John 14:27*. Jesus told His followers that after He returned to Heaven, God the Father would send them the Counselor, the Holy Spirit, who would teach them all things and remind them of everything Jesus had said.

Jesus knew that His followers would need a Helper, an Encourager and a Comforter to keep them sharp in their faith and to fill them with his peace. He knew that they, and eventually us, you and I, would need to be reminded as He promises this peace. He tells us; "**Do not let your hearts be troubled and so do not be afraid.**" "do not let—" Here again it sounds like we have a choice to make—and we do. We can choose to ask the Holy spirit to fill us with this peace and we can choose to remember all Jesus taught us about living in His strength. We choose. Faith and fear cannot occupy the same space; nor can peace and turmoil occupy the same place in our hearts.

Today, if peace is short in your heart and mind, remember that it has been given to you by Jesus. His Holy spirit is there to remind you and to teach you how to live in that peace. Ask the Holy Spirit to fill you with it.

When fear comes to nibble at your heart or rush through your door to trouble you—stop and remember that you can make a choice. "**Do not let your heart be troubled and do not be afraid.**" Though the trouble may remain, the peace of Jesus and the help of the Holy Spirit pouring peace over your heart will carry you through.

Your Chaplain, Sister Mary Agnes
Pastoral Care Department

PARKING

Remember—Monday through Friday from 7 am to 5 pm the clinic and the hospital lots are not available for employee parking unless you have permission from your supervisor.

North parking lot is always available as well as the parking lot behind the hospital.

M&M (Mission & Motivation) Days Scheduled for 2019

Decon Ken Votava will be the presenter on Tuesday, October 8—12:45 pm to 2:45 pm; 7:00 pm to 9:00 pm. Wednesday, October 9—8:00 am to 10:00 am; and 1 pm to 3 pm. Decon Votava is the director of Pastoral Care at Ave Maria Village in Jamestown.

A short session on "How to Respond to an Emergency" will be given at each presentation.

St. Aloisius September Anniversaries

Mary Prouty—41 years
 Corene Buxa—37 years
 Marian Hase—25 years
 Carrie Schuh—24 years
 Jamie Schuh—24 years
 Lucy Southard—19 years
 Brianna Weinmann—18 years
 Paulette Martin—12 years
 Hope Hoornaert—9 years
 Elizabeth Fossum—7 years
 Anna Nelson—7 years
 Courtney Lauth—5 years
 Lori Stein—4 years
 Nicole Emmett—2 years
 Miranda Reinke—1 year
 Hannah Swanson—1 year

238 years of dedicated service to St. Aloisius Medical Center!



STAFF NOTIFICATION IN THE EVENT OF EMERGENCY—as part of our Emergency Operations Plan, all staff will get a call from St. Aloisius Medical Center. This call will tell you what is happening and what you how you will be expected to respond. This is a mass notification system. You may get notified by text, cell phone, home phone and email. If you respond to one of those notifications, the others will not take place.

Safety Sermon—Be Fire Safe at Home and Work

- Place candles away from flammables and children's reach.
- Keep space heaters at least 3 feet away from drapes and other materials that can catch fire.
- Always use a screen in front of a fireplace.
- Install smoke alarms on every level of your home.
- Test alarms monthly and replace batteries as needed.

HIPAA Moment—Privacy—Security

1. Free and Internet-based webmail services (Gmail, Hotmail, AOL) are not secure for the transmission of Protected Health Information. If PHI is in the message, it must be encrypted, and if it's part of an attachment, the attachment can be encrypted instead.
2. Make sure access to your email account is protected by strong passwords. Passwords should be changes frequently and in accordance with SAMC's policy. (A minimum of 8 characters; one character must be uppercase; one character must be lowercase and one character must be a number.)
3. Phishing is when cybercriminals send e-mails with the intent of gaining credentials, cred card information, or personally identifiable information directly from the recipient.
4. Phishing e-mails are intended to look real enough to get a victim to click on a link or open an attachment that installs malware, or malicious software, or viruses into the computer.
5. People are duped by phishing scams for the following reasons:
 - Curiosity—it looks interesting.
 - Fear—what happens if I don't do this?
 - Urgency—this sounds important!
 - Reward or recognition—your boss is giving you a pat on the back if you do this.
 - Social or entertainment—invitation to an event or game.
 - Opportunity—This gets you something!

If you have any questions, ask Marian. mhase@staloisius.com

FORMATION MINUTE

“On August 27, 1838, after due deliberation, votes were freely cast either to maintain the present Superior in office, or to choose another. Mother Petibon obtained a plurality of the votes and is hereby established in the charge of Superior for five years.” (Origins, Vol. 1, 48)

Mother St. Andre (Marie Anne Francoise Louise Petibon) was born in Broons, France in 1810 to a prominent family in the community. While she didn't speak until she was four years old, Marie Anne Petibon was sent away to boarding school where she received a fine education, graduating when she was 17 years old. Returning to Broons, she learned of the work that Fr. Fleury and the Lemarchand sisters were doing and had a strong desire to join them. Unfortunately, her parents, unsure of the stability and future of this new community refused to let her join. They tried to convince her to join another, more well-established religious order, but her desire to join the Sisters in Broons never diminished. For a number of years, Marie Anne Petibon volunteered with the Sisters when she was able, and finally, at the age of 25, her parents permitted her to join. She entered on September 15, 1835, and on August 25, 1837, Miss Petibon made her religious profession.

In the early years, the congregation was growing, but it came at a cost. The Lemarchand sisters, who had been in charge of the administration of the Order since its founding, had incurred a significant amount of debt. Their gifts were in teaching and caring for the sick and poor, not administration. They saw, however, in their new member much potential in this area, and thus, one year after making her vows, Sr. Marie Anne Petibon was elected Superior General of the congregation. She did very well in this role, and was elected 9 consecutive times, totaling 48 years of service (1/4 of the Sisters' existence!), up to her death.

Much could be said about Mother St. Andre's leadership. In fact, an entire volume of the Sisters' history has been dedicated to her governance. Under her guidance, the Sisters of Mary of the Presentation continued to grow and expand their ministry—first around the region and later beyond to other areas of France. She oversaw the completion of numerous building projects as well as the further education of Sisters as teachers and nurses. She is also responsible for obtaining permission for the Sisters to adopt the name of a saint. (Her mother was not happy with her choice of the name Andre. Apparently “A woman of Broons, ugly in appearance and feeble minded, was known by the name of Andre”!)

Finally, on her birthday, July 26th, Mother St. Andre passed away in 1886 surrounded by Sisters kneeling and praying by her bedside.

JT Kennelly
Director of Formation
SMP Health System



R&R Committee

(Retention & Recognition) NEWS

1. **MORE MEMBERS ARE NEEDED FOR THIS COMMITTEE!**
2. They meet the second Wednesday of each month at 2:00 pm to discuss ways to promote employee recognition and retention. **YOU ARE NEEDED!** Meet in the Administrative Conference Room on 1st floor.
3. 2nd Wednesday is a day to **WEAR JEANS** for \$1 with the money going to the R&R Committee to provide **STUFF**.
4. Are you one of the privileged ones to get a designated parking spot?

St. Aloisius Medical Center Direct Dial Numbers

St. Aloisius Clinic—324-5131

Medical Floor - 324-5112

Unit A—324-5121

Unit B—324-5118

Daycare—324-5109

Sherri Engkvist—324-5120

Candie Thompson—324-5113

Lab—324-5116

Radiology—324-5107

Physical Therapy—324-5119

Enter these numbers in your phone!

Cut this out and put on your fridge!

**St. Aloisius 2019
Fall Wellness Days**

6:00 to 9:30 AM

October 21st, 28th, & 30th

St. Aloisius Medical Center – Harvey
(enter at the main entrance to the hospital)

7:00 to 9:30 AM

Tuesday, **Oct. 22nd**, at City Hall in Drake
Wednesday, **Oct. 23rd**, at the KTL Building
in Fessenden

*Blood pressure & panel of 18 lab tests
including triglycerides, cholesterol & anemia
screen.

\$35 includes continental breakfast.

Men can get a PSA test for an additional \$30.

*Wells Co. District Health Unit will offer flu vaccines
& other immunizations as needed at the Harvey
and Fessenden sites.*

*Please note: No reimbursement by private insurance, Medicare or
Medicaid for tests and no physician ordered tests will be done dur-
ing Wellness Clinics.*

Remember - only water for 12 hours before tests!!



Fall Decorations—remember when decorating for October and November, we don't do spooks, skeletons, spiders, etc. Questions—ask Sister Mary Agnes.

Hallowe'en, actually All Hallows' Eve, or All Saints' Eve, is a celebration on October 31, the eve of the Western Christian feast of All Hallows' Day; the time in the liturgical year dedicated to remembering the dead, including saints (hallows), martyrs, and all the faithful departed.

St. Aloisius Medical Center, in partnership with Wells County Emergency Management, is conducting an emergency services training and exercise at the hospital on October 15, 2019. The exercise will involve hospital staff; ambulance, fire and law enforcement personnel; public officials and various volunteers. The exercise will have a law-enforcement focus and is anticipated to take place between 5 p.m. and 8 p.m.

Hospital patients, visitors or hospital staff, and the general public, **will not** be in any danger as this is a **simulated event**.

Members of the public are asked to maintain an appropriate distance and not interfere with the exercise.

Please contact Wells County Emergency Manager Tammy Roehrich at (701) 547-2537 or Daniel Schwartz with Nexus at 701-989-7970 with any questions.

Thank you.

J. Daniel Schwartz, MS
President/CEO



dschwartz@nexusplanco.com | D 701.989.7970 | C 612.750.5731
522 W Thayer Ave | Bismarck, ND 58501



St. Aloisius Players and Observers (OF COURSE VICTIMS);

October 15, 2019

Please report to the Presentation Center for supper at 5 pm. It is recommended that you arrive earlier to sign in. Supper is at 5 pm; safety briefing is at 5:30. **Everyone** participating **MUST** attend the safety briefing. The exercise will start at 6 pm.

Players – you are doing the Run, Hide and Fight. The “safe area” is at the Catholic Church basement. (That’s for those **Running!**) If you call 911, please **begin and end** your message with **“This is an exercise.”**

Hiding – inside room with no windows, lock doors. **Fighting** – **ANYTHING** (except please don’t injure the “shooter”! Ha.)

After the exercise – about 7:30 pm – we get together and talk out what went well and what we need to do to get better! At the Presentation Center.

Please call or text Marian at 701-399-9486 with questions.

Thank you for participating!!