

August Newsletter 2026

As part of our ongoing commitment to providing the highest quality of care, we are conducting our annual facility assessment. This comprehensive review helps us understand our resources and identify areas where we can enhance our services. **Your Voice Matters** and we believe that the best way to improve our facility is by listening to those who know it best – our residents, their families, and their representatives. Your experiences and insights are invaluable to us, and we encourage you to share your thoughts.

How Can You Participate – feel free to connect with us in person at the facility or send us an email to any leadership individual at Maryhill!

What Are We Looking For?

- Quality of Care: Share your observations about the care provided.
- Facility Environment: Let us know how the physical environment and amenities can be improved.
- Staffing: Provide feedback on your interactions with our staff and their responsiveness to your needs.
- Activities and Programs: Suggest activities or programs you would like to see in our facility.

Assurance of Confidentiality - Please rest assured that all feedback will be treated with the utmost confidentiality and respect. We are here to listen to and act on your valuable suggestions as best as we are able. Your Contribution is a Step Towards Excellence By participating in our facility assessment, you are playing a crucial role in shaping the future of SMP Health - Maryhill. Together, we can ensure that our community continues to thrive and provide a nurturing environment for all our residents. Thank you for being an integral part of our journey towards excellence.

Upcoming Events:

Birthday Bash Celebration - August 4th

Join us as we celebrate our residents who have birthdays this month! We look forward to making our birthday honorees feel extra special while celebrating another year of wonderful memories.

Buffalo Alice - September 15th

We are excited to welcome Buffalo Alice to Maryhill from 1pm to 5pm for great music! We will be selling Sloppy Joe Basket during this time for \$10.00. Families and community members are encouraged to stop by, enjoy a great meal, and enjoy the concert. We look forward to an afternoon of fun, fellowship, and community spirit.

CHECK OUT MARYHILL'S FACEBOOK PAGE!!!

We are on Facebook! Search for SMP Health - Maryhill. Like us and follow our page to stay up to date with pictures and posts of our daily happenings and special events!

Operational Update – Change in Personnel:

We are pleased to announce that **Alison Frueh** will be joining the Maryhill team as our new **Admissions & Social Services Coordinator** beginning **August 31st**. Alison will serve as the primary point of contact for residents and families regarding admissions, care conferences, discharge planning, and social service needs. We are excited to welcome Alison to Maryhill and look forward to the support and guidance she will provide for our residents and their loved ones.

The Importance of Care Conferences:

What is a Care Conference? A care conference is a scheduled meeting where the multidisciplinary team meets with the resident and their family members to discuss the residents' care plan. It includes a review of the current care strategies, any changes in health status, and planning for future care needs.

Why Are Care Conferences Important?

- Personalized Care/Empowerment: Ensures that the care plan is tailored to the resident's individual needs and preferences by involving them in care decisions, promoting autonomy and dignity.
- Communication: Provides a platform for open dialogue between the family and the care team.
- Collaboration: Encourages joint decision-making, fostering a team approach to care. Provides an opportunity for additional education about medical conditions, treatments, and care processes.

Care conferences are typically held: On Wednesdays in the Conference Room. The conference room is the second to last door down the South Hallway, there is a sign outside the door to make it easier to find.

- Note: we do try to accommodate as best as possible with families if an alternative time is needed and we appreciate the flexibility you all provide us with as well and if we need to meet in a different space that is not the conference room.

Care conferences are a vital component of quality care in nursing homes. They ensure that the resident's care is comprehensive, coordinated, and compassionate. By participating actively in care conferences, families can help create a supportive environment that promotes the well-being and dignity of their loved ones.

In Our Loving Memory... We extend our heartfelt sympathy to the families and friends of those who were part of our Maryhill family and have passed away this past month. We treasure the memories shared with them and pray for comfort and peace for their loved ones during this time of loss. They will always be remembered with love and care.

Douglas Ballweber – Wayne Arnst

Stay healthy and God bless,
Bailyn Hildestad, CEO/Administrator

