

February Newsletter 2026

February may be short, but it's packed with energy, connection, and plenty of reasons to celebrate! This month is all about coming together, sharing laughs, enjoying friendly competition, and creating moments that brighten winter days. From spirited events to heartfelt celebrations, there's no shortage of opportunities to stay active, engaged, and connected. We're looking forward to a month filled with movement, smiles, and shared experiences and we invite families to join in whenever possible. Let's make every February day count!

CHECK OUT MARYHILL'S FACEBOOK PAGE!!!

We are on Facebook! Search for SMP Health - Maryhill. Like us and follow our page to stay up to date with pictures and posts of our daily happenings and special events!

Next Fundraiser (Giving Hearts Day 2026)

We are participating in our third year of Giving Hearts Day at Maryhill on **February 12th, 2026**. Dakota Medical Foundation started Giving Hearts back in 2008 as a simple but unique fundraising concept which has grown and become one of the longest running and most successful giving days in the country. This is a 24-hour fundraising event and every contribution of \$10 will be matched.

Maryhill's Generous Sponsors: **Bank North, Fusion Medical Staffing, Enderlin Lions, Sheldon American Legion, Quality Concrete, & Enderlin Alumni Association.**

Your donations have great impact, which Maryhill will be using all the donated funds through Giving Hearts Day to continue upgrading our residents' rooms.

Three ways to Give on February 12th:

1. Online at <https://app.givingheartsday.org/#/charity/1767>
2. Schedule your GHD in advance through the online link
3. Check: dated February 12th and drop off or mail to Maryhill



One Last Reminder for Caregiver Award Nominations:

Do you want to thank a healthcare worker who changed your life, or the life of someone you love? North Dakota Long-Term Care association provides residents/family members an opportunity to honor and recognize special people at Maryhill who care for you or your loved one. Applications are available to nominate a caregiver who goes above and beyond to substantially enhance the quality of life for the residents. Applications accepted by the North Dakota Long-Term Care Association until **February 6th, 2026**. If you would like to nominate a Maryhill staff member please contact Donna Orn, Activities Mission Coordinator or Breanna Briss, Social Services Case Manager. Applications are available on our website as well!

Tapestry Health:

We are excited to share that Tapestry Health will be onsite February 24–25 to further support resident care at Maryhill.

- February 24: Tapestry Health clinicians will be onsite completing in-person visits and rounding with our care team.
- February 25: Installation of Remote Patient Monitoring (RPM) devices will take place in resident rooms.

These small, wall-mounted devices use radar-based technology to monitor vital signs such as heart rate, breathing patterns, and activity. There are no cameras and no microphones, and the system is completely contactless and private. If a resident or family chooses to opt out of Tapestry Health services, the device will remain installed but will be turned off and will not collect any data. This partnership is designed to help us identify early warning signs and subtle changes in a resident's condition sooner, allowing treatment to begin earlier and helping reduce unnecessary hospitalizations. In addition, we have received new vital sign machines that automatically upload results directly into the medical record, reducing documentation time and allowing staff more meaningful face-to-face time with residents.

These services are billed through insurance when applicable, but there is no financial responsibility for residents or families. Any charges or invoices associated with this service are waived and will not be your responsibility. If at any point you want to opt out of Tapestry Health services, please contact Breana.

We are excited about this added layer of clinical support and how it enhances proactive, personalized care for our residents. If you have questions or would like more information, we do have flyers available otherwise please feel free to reach out.

Roads/Weather: We carefully watch the forecast and road conditions to ensure it is safe before we hit the road. Please know that appointments throughout the winter might be postponed. We will continue to keep you updated via Cliniconex on any changes.

Meals: We do offer meals prepared out of the kitchen for family members if you wish to join your loved one, but we ask that you please kindly notify our kitchen staff ahead of time so we can ensure we prepare enough food for everyone. We are also accepting free-will donations from those who plan to dine with us. You can place your donation in the brown locked box (hanging on the wall) right before leaving Maryhill by the front door. Your contributions are greatly appreciated!

In Our Loving Memory... We extend our heartfelt sympathy to the families and friends of those who were part of our Maryhill family and have passed away this past month. We treasure the memories shared with them and pray for comfort and peace for their loved ones during this time of loss. They will always be remembered with love and care.

Sylvia Holmstrom, Lila Trangsrud, Arlowene Halldorson, & Kelly Auch

Stay healthy and God bless,
Bailyn Hildestad, CEO/Administrator

