

# April Newsletter 2026

As we welcome the month of April, we are excited to embrace the changing season; longer days, melting snow, and the promise of warmer weather ahead. This year, we will celebrate Easter on April 5th, 2026. Easter is a meaningful Christian holiday that celebrates the Resurrection of Jesus Christ, his return to life three days after his crucifixion. This event represents hope, renewal, and the promise of eternal life. Many also refer to this day as Resurrection Sunday, marking the conclusion of the Lenten season, a time of reflection observed across the world.



Easter is also closely tied to the beauty of spring and the idea of new beginnings. Symbols such as eggs, baby chicks, bunnies, and blooming flowers like tulips remind us of growth, renewal, and fresh starts. These themes resonate deeply whether Easter is celebrated for its religious significance or for the joy and traditions that come with the season.

As part of our celebration, each resident will be receiving a special Easter basket from Maryhill, bringing a little extra joy and sweetness to the holiday. We look forward to celebrating together and creating meaningful moments!

## CHECK OUT MARYHILL'S FACEBOOK PAGE:

We are on Facebook! Search for SMP Health - Maryhill. Like us and follow our page to stay up to date with pictures and posts of our daily happenings and special events!

### Art for Life – Activity Programing Highlight:

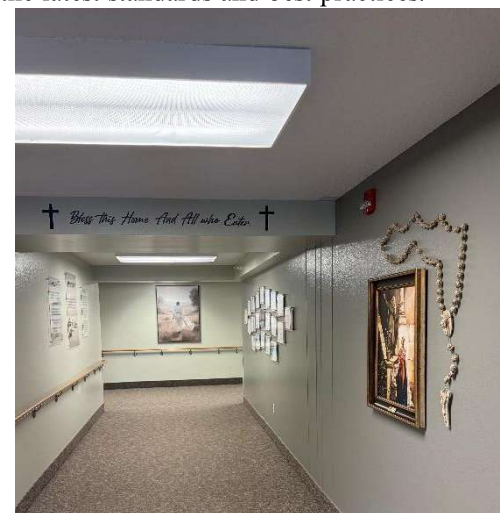
We strongly believe in breaking down barriers between generations and creating meaningful connections between the young and the young at heart. Throughout the school year, we are fortunate to welcome 4th grade students who visit monthly to participate in activities, exchange letters and cards, and spend time visiting and sharing stories with our residents. These interactions bring joy, laughter, and a true sense of connection for everyone involved. This intergenerational program is something we truly cherish at Maryhill. Our Art for Life committee plays a key role in fostering and supporting these meaningful initiatives, helping bring creativity and connection into our community.

### Continuous Learning Update – 2026:

At Maryhill, we believe that ongoing education is essential to providing the best care possible for your loved ones. In 2026, we continue to prioritize professional development through a variety of training opportunities, ensuring our staff remain skilled, knowledgeable, and confident in their roles. We are excited to share that Maryhill is implementing the CARES® Dementia 5-Step Method building-wide. This approach focuses on truly understanding each resident living with dementia by emphasizing connection, respect, and individualized care. The CARES model guides staff to: connect with the person, assess behavior as communication, respond thoughtfully, evaluate outcomes, and share approaches across the care team. This initiative supports our commitment to providing compassionate, person-centered care and enhancing the quality of life for residents living with dementia.

Staff development isn't just a one-time event, it's a constant, evolving process rooted in the latest standards and best practices. We are always open to feedback. If there's something we can do better or a topic you feel we should focus on for staff education, please don't hesitate to let us know. Your insights help us grow and ensure we meet the highest expectations for care. Thank you for trusting us with your loved ones' care. We're honored to serve your family and committed to delivering that care with skill, compassion, and dedication.

**Building Update:** We continue to make progress on building updates, focusing on refreshing resident rooms and giving the main hallways a fresh new paint color. These updates are part of our ongoing commitment to creating a more comfortable, welcoming, and home-like environment for our residents. A picture is included of our main entrance area.



**Resident Outings with Family Members:** Please remember to inform a staff member before taking your loved one out of the building and sign them in and out on the clipboard at the main nurse's station. This is also a great time to check if any medications are needed for the outing. Thank you!

**Safety / Security:** Please continue to screen in and obtain a visitor badge upon entry, and ensure the badge is worn at all times while inside the building. Do not allow anyone to exit through the front door unless it has been confirmed safe. Our goal is to support easy access for visitors while maintaining the safety of our residents. If someone attempts to follow you out or requests that the door be opened, please seek a staff member to verify safety before proceeding.

**In Our Loving Memory...** We extend our heartfelt sympathy to the families and friends of those who were part of our Maryhill family and have passed away this past month. We treasure the memories shared with them and pray for comfort and peace for the loved ones during this time of loss. They will always be remembered with love and care.

*Elaine Peitz – Laura Mae Davidson – Mary Lemna – Thomas Mattson – Bonita Wellentin*

Stay healthy and God bless,  
*Bailyn Hildestad, CEO/Administrator*

