

## Messages from SMP Health - Maryhill

A Newsletter for Maryhill Families

October 2025

Dear Family and Friends,

October is the month to enjoy sweater weather, pumpkin spice, and football season. We try to create an atmosphere in the building around fall through decorations inside and outside. Even having mums around the building helps to create a homelike environment.



### Exciting Event Coming Up!

1. **Treats and Treasures:** We're thrilled to invite all family members to join us for a fun-filled evening! We are planning a special event like a Trunk or Treat, but this will be inside. We would love for you to come and pass out candy with your loved ones to the kids that come by Maryhill. You can either help decorate your loved one's room or hand out treats. We will have "stations" in the dining room for the kids to participate in so if you are wanting to partake with your loved one you are welcome to join.

WHEN: Oct 31<sup>st</sup>, 2025

TIME: 5:30 PM - 7:30 PM

### State Survey – Department of Health:

From September 22–25, the North Dakota Department of Health & Human Services conducted their annual survey of our facility. While we have not yet received the official report, the surveyors shared very positive feedback about both our staff and our facility. Thank you to everyone who worked with them last week to help ensure Maryhill continues to provide the highest quality of care.

### Fall Vaccination Update – Vaccination Day October 16<sup>th</sup>!

If we haven't already gathered consent for the vaccinations listed below, know that we will be reaching out. The designated vaccination day is October 16th. Additionally, please note that Maryhill staff also receive vaccinations for which they qualify, as part of our commitment to protecting the residents in their care.

1. **25/26 Influenza (Flu) Shot**
2. **COVID** - FDA advised that the 2025–26 COVID-19 vaccines be monovalent JN.1-lineage (preferably LP.8.1) for use starting fall 2025. It is recommended to help reduce severe disease and hospitalization.
3. **RSV** (Respiratory Syncytial Virus) - CDC recommends a single dose (not yearly) for all adults  $\geq 75$ , and for adults 50–74 at increased risk for severe RSV (e.g., chronic heart/lung disease, diabetes, advanced kidney disease/dialysis, immunocompromise, residence in long-term care). If a resident already received one dose in a prior season, do not re-vaccinate annually.

### Administrative Personal Update:

Bailyn and her husband welcomed their baby girl, **Tatum Hildestad**, on Thursday, August 28. While Bailyn is on maternity leave focusing on her growing family, I, **Kellen Schauer**, am stepping away from my role at our sister facility, SMP Health – St. Catherine in Fargo, to serve as the interim Administrator at Maryhill. During my time here, please feel free to stop by my office and introduce yourself—I would love the opportunity to meet the family and friends of those who call Maryhill home.

### Dining Policy:

At Maryhill, we follow an open dining philosophy. This means meals are served on a first-come, first-served basis, and individuals are free to choose their own seats rather than having assigned seating. We adopted this approach to give those who live here the flexibility to enjoy meals in a way that best fits their personal routines. If you have any questions about our dining philosophy, please don't hesitate to reach out to a member of our dietary team. Thank you!

### Safety/Resident Outings:

Please remember to inform a staff member before taking your loved one out of the building and sign them in and out on the clipboard at the main nurse's station. This process helps ensure the safety of those in our care at all times. This is also a great time to check if any medications are needed for the outing. Thank you!

Guidelines to maintain a secure environment. Here are a couple of key reminders:

- **Do not let anyone out the front door** unless it is confirmed to be safe. The goal is to facilitate easy exit for visitors while keeping residents safe.
- If someone wants to follow you out or requests the door to be opened, **seek a staff member** to verify safety before proceeding. **Always ask** if there's any uncertainty about safety procedures.
- Continue to **Screen In** and obtain a visitor badge upon entry. **Always wear the visitor badge** inside the building.

Your cooperation is essential in helping to keep the facility secure. Safety is our top priority!

### In Our Memory

We extend our sympathy to the family and friends of this special person who became part of our Maryhill family and has passed away. We treasure our memories with them and pray that God will be with their loved one at this time of loss. We will remember....

**Betty Langton, 1946 – 2025**

Stay healthy and God bless,

**Kellen Schauer, Interim CEO/Administrator**

