

July Newsletter 2025

As we step into the heart of summer, we want to wish everyone a **safe and enjoyable 4th of July!** We hope you find time to celebrate with loved ones and enjoy the sunshine. Here at Maryhill, we're embracing the season with exciting updates—new courtyard furnishings will soon be available, creating an inviting space for residents and families to relax and spend time together outdoors.



Business Office Update - Increase to Personal Needs Allowance for Medicaid Residents

Effective July 1, 2025, residents on Medicaid in North Dakota will now receive an increased Personal Needs Allowance of \$115 per month, as approved by recent legislation.

You will be notified directly by the state regarding your new Room and Board/Resident Liability (RL) amount. Once you receive that update, please inform Nancy in the Business Office so we can make the necessary adjustments.

If you have any questions or need assistance, please don't hesitate to reach out.

Operational Leadership Team Update:

- Our new Scheduling Support Coordinator is Aubrey Mark
 - o Aubrey's Office is in the west hallway (take a right by the fish tank and is the last door on the left hand side). Please reach out to Aubrey for any appointment requests or transportation needs – she will assist you with scheduling, feel free to reach out. Email: Aubrey.Mark@smphs.org or 701-437-3544 ext. 127.

Continuous Learning Update – 2025

At Maryhill, we believe that ongoing education is essential to providing the best care possible for your loved ones. In 2025, we've continued to prioritize professional development through a variety of training opportunities, ensuring our staff remain skilled, knowledgeable, and confident in their roles.

Most recently, our team participated in a comprehensive Skills Fair, featuring a range of focused training stations and expert-led sessions. Topics covered included:

- Infection Control – Preventing the spread of illness and maintaining a safe environment.
- Antibiotic Stewardship – Responsible use of antibiotics to reduce resistance and ensure effectiveness.
- Safe Transfers – Proper techniques to assist residents safely and comfortably.
- Insulin Administration – Best practices for managing diabetes and insulin use.
- Resident-Centered Bathing – Enhancing dignity and comfort during hygiene care.
- Working with Older Adults – Understanding behavior, fostering communication, and promoting well-being.

Throughout the year, our commitment to continuous learning extends beyond the Skills Fair. We host guest speakers, complete online education modules, and perform hands-on competency validations to reinforce staff knowledge. Staff development isn't just a one-time event—it's a constant, evolving process rooted in the latest standards and best practices.

We are always open to feedback. If there's something we can do better or a topic you feel we should focus on for staff education, please don't hesitate to let us know. Your insights help us grow and ensure we're meeting the highest expectations for care.

Thank you for trusting us with your loved one's care. We're honored to serve your family and committed to delivering that care with skill, compassion, and dedication.

Infection Control: We remain in routine status and normal operations. Masks are at the main entry if you wish to wear one, but they are not required and please avoid visitation if you are symptomatic with any respiratory illness such as runny nose, coughing or sneezing.

Safety / Security: Continue to Screen in and Obtain a Visitor Badge upon entry. Always wear the visitor badge inside the building. Do not let anyone out the front door unless it is confirmed to be safe. The goal is to facilitate easy exit for visitors while keeping residents safe. If someone wants to follow you out or requests the door to be opened, seek a staff member to verify safety before proceeding.

Resident Outings with Family Members:

Please remember to inform a staff member before taking your loved one out of the building and sign them in and out on the clipboard at the main nurse's station. This is also a great time to check if any medications are needed for the outing. Thank you!

In Our Loving Memory... We extend our heartfelt sympathy to the families and friends of those who were part of our Maryhill family and have passed away this past month. We treasure the memories shared with them and pray for comfort and peace for their loved ones during this time of loss. They will always be remembered with love and care.

Ruth Christensen & Steven Schutt

Stay healthy and God bless,
Bailyn Hildestad, CEO/Administrator

