June Newsletter 2025

As we welcome the sunshine and the start of summer, there's a renewed sense of energy and warmth throughout our community. June brings longer days, blooming gardens, and many moments to look forward to—both big and small. Whether it's enjoying time outdoors, celebrating special events, or simply sharing stories with one another, we're grateful for the joy and connection that this season brings to Maryhill. Thank you for being such an important part of our Maryhill family!

Building Updates:

- 1. Courtyard Improvements Coming This Summer! Thanks to your generous support during Giving Hearts Day 2025, we're excited to be updating our courtyard with new furniture and a gazebo to create a more welcoming space for residents and visitors. The new weathered wood furniture is maintenance-free, all-weather, wind-resistant, and will include a table, chairs, benches, and a side table. Due to shipping delays, we expect delivery around July. A gazebo will also be installed to provide shade and comfort for outdoor visits and activities. We can't wait to share this refreshed space with you all!
- 2. Memorial Garden We're proud to share that the Memorial Garden is now complete and ready to be enjoyed by all. This special space was created to honor the lives and memories of those who have been part of our Maryhill family. We invite you to take a peaceful walk through the garden and spend time in reflection. You'll find a sign in the space that shares the story behind the garden—how it came to life and the heartfelt vision that inspired it. Thank you to everyone who supported this meaningful project. We hope it brings comfort and connection to all who visit.

Operational Leadership Team Update:

- Our new Activity/Mission Coordinator is Donna Orn
 - Donna's Office is in the Therapy Room on the left side once you walk in anything related to activities, pastoral care, transportation for resident appointments, and/or volunteers, feel free to reach out to Donna. Email: <u>Donna.orn@smphs.org</u> or 701-437-3544 ext. 118.
- · Our new Environmental Services Coordinator is Shannon Mark
 - Shannon's Office is down in the South Hallway last door on the left side anything related to plant, housekeeping or laundry, feel free to reach out to Shannon. Email: <u>Shannon.mark@smphs.org</u> or 701-437-3544 ext. 120.
- Breana Briss, Admissions/Social Services Coordinator, back from her Maternity leave! We are happy to have her back!
 - Breana's office is in the main hallway next to room 25. Anything related to social services, feel free to reach out to Breana. Email: <u>Breana.briss@smphs.org</u> or 701-437-3544 ext. 130.

Antibiotic Stewardship:

Antibiotics save lives but are frequently prescribed unnecessarily. Harms from antibiotic overuse can be significant, especially for frail older adults. Potential harms include adverse drug events, drug interactions, antibiotic resistant and Clostridioides difficile infections.

As part of our continuing commitment to provide the best quality care to our residents, we are dedicated to improving antibiotic use through our antibiotic stewardship initiatives. Antibiotic stewardship refers to a set of commitments and activities designed to "optimize the treatment of infections while reducing the adverse events associated with antibiotic use." From an infection standpoint, we follow McGeer Criteria to trigger when appropriate testing is required, and the individual must meet two different signs and symptoms otherwise monitoring and implementing other interventions should be utilized first. Having the culture provides the prescribing provider which antibiotic is most appropriate for that organism if treatment is required. Plus, we don't want to treat a negative culture as antibiotic use is hard on the individual's body.

We are committed to improving antibiotic prescribing practices. We are confident that with the support of front-line staff, prescribing clinicians, and residents and families, we will continue to provide residents with the best quality care by improving antibiotic use and protecting them from the unintended harms of inappropriate antibiotic use.

Infection Control: We remain in routine status and normal operations. Masks are at the main entry if you wish to wear one, but they are not required and please avoid visitation if you are symptomatic with any respiratory illness such as runny nose, coughing or sneezing.

<u>Safety / Security:</u> Continue to Screen in and Obtain a Visitor Badge upon entry. Always wear the visitor badge inside the building. Do not let anyone out the front door unless it is confirmed to be safe. The goal is to facilitate easy exit for visitors while keeping residents safe. If someone wants to follow you out or requests the door to be opened, seek a staff member to verify safety before proceeding.

Resident Outings with Family Members:

Please remember to inform a staff member before taking your loved one out of the building and sign them in and out on the clipboard at the main nurse's station. This is also a great time to check if any medications are needed for the outing. Thank you!

In Our Loving Memory... We extend our heartfelt sympathy to the families and friends of those who were part of our Maryhill family and have passed away this past month. We treasure the memories shared with them and pray for comfort and peace for their loved ones during this time of loss. They will always be remembered with love and care.

Marlan Faul



Stay healthy and God bless, *Bailyn Hildestad, CEO/Administrator*