



As we step into 2025, we reflect on the incredible moments we've shared and the cherished relationships we've built with you and your loved ones. It is a privilege to care for those who mean so much to you, and we are honored to be part of their journey.

This year, we are committed to continuing our tradition of compassionate care, fostering meaningful connections, and creating an environment that feels like home. If you ever have questions, concerns, or simply want to connect, please don't hesitate to reach out. Together, we can ensure the best possible experience for all.

Thank you for trusting us to make a difference. Here's to a year filled with health, happiness, and shared joy!

Celebrating Excellence in Care: Antimicrobial Stewardship Silver Award

We are thrilled to announce that Maryhill has been honored with the **2024 Antimicrobial Stewardship Honor Roll Silver Award** from the ND Department of Health and Human Services. This recognition highlights our commitment to ensuring the responsible and effective use of antibiotics, safeguarding the health of our residents.

What Is Antimicrobial Stewardship?

Antimicrobial stewardship focuses on using antibiotics only when necessary and in the most effective way possible. Overuse or misuse of antibiotics can lead to resistance, making them less effective when they are truly needed. Our team worked diligently in 2024 to implement evidence-based practices, educate staff, and develop protocols that prioritize both resident safety and long-term health outcomes.

Why Is This Important?

In many cases, the human body can effectively fight off infections without antibiotics. By carefully evaluating each situation, we ensure that antibiotics are prescribed only when absolutely necessary. This approach not only protects your loved ones from potential side effects but also helps preserve the effectiveness of these critical medications for when they are truly needed to fight off infections.

How Did We Achieve This Honor?

- We trained our team on the latest guidelines for appropriate antibiotic use.
- We implemented systems to monitor and review all antibiotic prescriptions.
- We provided ongoing education about the risks of overuse and the benefits of natural recovery when possible.
- We partnered with medical experts to ensure our practices align with national standards.

This award reflects our dedication to protecting the health of our residents, and we are proud to be recognized for these efforts. If you have any questions about our antimicrobial stewardship practices or how they benefit your loved ones, please don't hesitate to reach out. Together, we can continue to promote a healthier, brighter future for all!

Fundraising Update

Tree of Lights 2024 - Thank you for your generous donations to our Tree of Lights fundraiser! Your support is greatly appreciated and allows us to continue to provide a comfortable environment and quality living experience for our residents. Your contributions helped us raise over \$9,000!

Next steps: continued collaboration with a couple key vendors to get updated flooring/furniture in resident rooms for added comfort and enjoyment!

Next Fundraiser - Giving Hearts Day 2025

We are participating in our second year of Giving Hearts Day at Maryhill on **February 13th, 2025**. Dakota Medical Foundation started Giving Hearts back in 2008 as a simple but unique fundraising concept which has grown and become one of the longest running and most successful giving days in the country. This is a 24-hour fundraising event and every contribution of \$10 will be matched.

Your donations have great impact which Maryhill will be using all the donated fund through Giving Hearts Day to purchase outside courtyard patio furniture for the start of spring of 2025!

Three ways to Give on February 13th:

1. Online at <https://app.givingheartsday.org/#/charity/1767>
2. Schedule your GHD in advance through the online link
3. Check: dated February 13th and drop off or mail to Maryhill



Caregiver Award Nominations - Do you want to thank a healthcare worker who changed your life, or the life of someone you love? North Dakota Long-Term Care association provides residents/family members an opportunity to honor and recognize special people at Maryhill who care for you or your loved one. Applications are available to nominate a caregiver who goes above and beyond to substantially enhance the quality of life for the residents. Applications accepted by the North Dakota Long-Term Care Association until **February 7th, 2025**.

Roads/Weather: We carefully watch the forecast and road conditions to ensure it is safe before we hit the road. Please know that appointments throughout the winter might be postponed. We will continue to keep you updated via Cliniconex on any changes.

Infection Control: We are actively working to reduce any spread and keep our residents as healthy as possible. Masks are at the main entry and please avoid visitation if you are symptomatic with any respiratory illness such as runny nose, coughing or sneezing. Continued communication will go through Cliniconex until we are officially back in routine status.

Safety / Security: Continue to Screen In and obtain a visitor badge upon entry. Always wear the visitor badge inside the building. Do not let anyone out the front door unless it is confirmed to be safe. The goal is to facilitate easy exit for visitors while keeping residents safe. If someone wants to follow you out or requests the door to be opened, seek a staff member to verify safety before proceeding.

In Our Loving Memory... We extend our heartfelt sympathy to the families and friends of those who were part of our Maryhill family and have passed away this past month. We treasure the memories shared with them and pray for comfort and peace for their loved ones during this time of loss. They will always be remembered with love and care.

Denis Gross – Betty Frigen – Donald Pattis – Lois Laber