February Newsletter 2025

February may be brief, but it's brimming with opportunities to connect, celebrate, and create wonderful memories together. Whether it's through shared moments of laughter, acts of kindness, or simply enjoying each other's company, this month reminds us how much joy can be found in our everyday interactions. Let's embrace the season with open hearts and make February as meaningful as it is short!

A couple of key dates to highlight: Super Bowl on Feb 9th, Giving Hearts Day on February 13th, and Valentine's Day on Feb 14th.

Next Fundraiser - Giving Hearts Day 2025

We are participating in our second year of Giving Hearts Day at Maryhill on February 13th, 2025. Dakota Medical Foundation started Giving Hearts back in 2008 as a simple but unique fundraising concept which has grown and become one of the longest running and most

successful giving days in the country. This is a 24-hour fundraising event and every contribution of \$10 will

be matched.

Maryhill's Generous Sponsors: Bank North, Mobility Plus, Fusion Medical Staffing, Enderlin Lions, Sheldon American Legion, & Enderlin Alumni Association.

Your donations have great impact which Maryhill will be using all the donated funds through Giving Hearts Day to purchase outside courtyard patio furniture for the start of spring of 2025!

Couple Ways Give on February 13th:

- 1. Online at https://app.givingheartsday.org/#/charity/1767
 - a. You can also find it on our Maryhill website: https://smphealth.org/maryhill/
- 2. Via Check: drop off or mail to Maryhill

Operations Update:

We are thrilled to share some exciting news—our social worker, Breana Briss, is expecting a baby! Her due date is currently set for March 10th, and we couldn't be happier for her during this special time. Breana plans to take a 12-week maternity leave, and we will provide updates as her leave date approaches. During her absence, we have arrangements in place to ensure her responsibilities are covered and that all support and services continue smoothly. Please join us in celebrating this joyful milestone for Breana and wishing her all the best in the weeks ahead!

Onsite Hair Services with our Beautician Pricing:

- Haircuts are \$20.00.
- Color which includes a haircut are \$65.00.
- Perm which includes a haircut are \$75.00.

If you would like services lined up, please reach out to Shannon Mark for scheduling email: Shannon.mark@smphs.org or phone: 701-437-3544 ext. 127.

One Last Reminder for Caregiver Award Nominations:

Do you want to thank a healthcare worker who changed your life, or the life of someone you love? North Dakota Long-Term Care association provides residents/family members an opportunity to honor and recognize special people at Maryhill who care for you or your loved one. Applications are available to nominate a caregiver who goes above and beyond to substantially enhance the quality of life for the residents. Applications accepted by the North Dakota Long-Term Care Association until February 7th, 2025.

Tapestry Health:

We continue to grow and utilize our new partnership with Tapestry Health, a chronic care management and remote patient monitoring service that is both approved and highly recommended by CMS. If you receive a message from Tapestry requesting consent this is not a scam. This collaboration is designed to meet the complex healthcare needs of our long-term care residents and will complement, not replace, our existing onsite services and care, including the work of Maryhill's primary care physicians, Dr. Goven and Anna Fuka, as well as other members of our care team. Tapestry Health will provide additional support through skillful management and coordination within Point Click Care (our Electronic Medical Record system). The partnership aims to enhance the quality of health updates and ensure that key factors and indicators are not overlooked. Residents and their families may see information related to this on the Explanation of Benefits; however, there will be no additional fees charged beyond what is covered by insurance.

Roads/Weather: We carefully watch the forecast and road conditions to ensure it is safe before we hit the road. Please know that appointments throughout the winter might be postponed. We will continue to keep you updated via Cliniconex on any changes.

Meals: At this time, we are offering meals prepared out of the kitchen if you wish to join your loved one but we ask that you please kindly notify our kitchen staff ahead of time so we can ensure we prepare enough food for everyone. We are also accepting free-will donations from those who plan to dine with us. You can place your donation in the brown locked box (hanging on the wall) right before leaving Maryhill by the front door. Your contributions are greatly appreciated!

<u>Infection Control:</u> We are back to routine status and normal operations. Masks are at the main entry if you wish to wear one, but they are not required and please avoid visitation if you are symptomatic with any respiratory illness such as runny nose, coughing or sneezing.

Safety / Security: Continue to Screen In and obtain a visitor badge upon entry. Always wear the visitor badge inside the building. Do not let anyone out the front door unless it is confirmed to be safe. The goal is to facilitate easy exit for visitors while keeping residents safe. If someone wants to follow you out or requests the door to be opened, seek a staff member to verify safety before proceeding.

In Our Loving Memory... We extend our heartfelt sympathy to the families and friends of those who were part of our Maryhill family and have passed away this past month. We treasure the memories shared with them and pray for comfort and peace for their loved ones during this time of loss. They will always be remembered with love and care. SMP Health

Lillian Case, Lawrence Granbois, Jodi Gross, Telmer Kraig, Lorene Lee

Maryhill