

Dear Family and Friends,

It's hard to believe we are in February with such wonderful weather reaching close to 50 degrees. Being able to enjoy the courtyard for some fresh air without freezing is a real treat. A couple of fun pictures are included! There are a lot of exciting days/events in February even though it's a short month. To list a few; Giving Hearts Day on February 8th, Super Bowl on Feb 11th, Mardi Gras on Feb 13th, Valentine's Day on Feb 14th, and Ash Wednesday on Feb 14th which is the start of the six-week lent season leading up to Easter. Those are just a few highlighted ones that will keep us busy and entertained.



One Last Reminder for Caregiver Award Nominations:

Do you want to thank a healthcare worker who changed your life, or the life of someone you love? North Dakota Long-Term Care association provides residents/family members an opportunity to honor and recognize special people at Maryhill who care for you or your loved one. Attached is an application to nominate a caregiver who goes above and beyond to substantially enhance the quality of life for the residents. **Applications must be postmarked by February 2nd, 2024, to be accepted by**

the North Dakota Long-Term Care Association. These awards are very meaningful to all our staff so thank you for helping nominate them!

Giving Hearts Day:

We are participating in our first year of Giving Hearts Day at Maryhill on February 8th, 2024. Dakota Medical Foundation started Giving Hearts back in 2008 as a simple but unique fundraising concept which has grown and become one of the longest running and most successful giving days in the country. This is a 24-hour fundraising event and every contribution of \$10 will be matched. Our generous match providers are Interim Staffing, Mobility Plus, Thrifty White Drug, Enderlin Lions, and Enderlin Alumni Association. Your donations have great impact which Maryhill will be using all the donated fund through Giving Hearts Day to purchase medical grade blanket warmers.



Three ways to Give on February 8th:

1. Online at <https://app.givingheartsday.org/#/charity/1767>
2. Schedule your GHD in advance through the online link
3. Check: dated February 8th and drop off at Maryhill

Local Community Based Comfort Line

The first Lutheran Church in Enderlin is Sponsoring **THE COMFORT LINE**. Each week a new positive message will be shared by calling (701) 437-2911. Feel free to call each week to hear a new uplifting message.

Onsite Hair Services with our Beautician Pricing:

- Haircuts are \$20.00.
- Color which includes a haircut are \$65.00.
- Perm which includes a haircut are \$75.00.

She is here twice a month on Wednesday's, and we are always happy to ensure they are on the list for services!

We went into outbreak status at Maryhill on January 20th although we are back to COVID free within the facility. Each time we go into outbreak status, we need to go into masking for a minimum of 14 days from the last positive case. We will be able to switch back to making masking optional soon but appreciate the support and corporation to switch back and forth depending on the events within the building. Our infection control and disinfectant process are extremely important to try to keep everyone as healthy as possible. Once we go back to unmasking, please wear a mask if you are symptomatic with any respiratory illness such as runny nose, coughing or sneezing. Masks will continue to be provided at all entrances. We also have hand sanitizer outside each room that we encourage you to utilize to help us keep everyone healthy in the season when illnesses spread easily. Please continue to check in to obtain a visitor badge prior to entry on the screening machine out front.

Stay healthy and God bless,
Bailyn Walz, CEO/Administrator