Messages from SMP Health - Maryhill

A Newsletter for Maryhill Families

January 2024

Dear Family and Friends,

Wishing you a Happy New Year and blessed year ahead. We are thankful to be able to positively impact and care for your loved ones as we move into 2024! It truly brings us joy to be part of their lives and journey. If you ever need anything or want us to follow up, please reach out and we will work together to make things right! We appreciate your support, and we look forward to sharing a brighter, happier, and healthier new year together.



Best Wishes and Happy New Year from All of Us at Maryhill to All of You!

Mail Update:

The Enderlin Post Office has us back on Saturday mail delivery. Residents will be delivered mail if they receive anything Monday through Saturday to each of their rooms. The residents sure did receive a lot of wonderful and beautiful Christmas cards throughout the holiday season that they were able to join!

Caregiver Award Nominations:

Do you want to thank a healthcare worker who changed your life, or the life of someone you love? North Dakota Long-Term Care association provides residents/family members an opportunity to honor and recognize special people at Maryhill who care for you or your loved one. Attached is an application to nominate a caregiver who goes above and beyond to substantially enhance the quality of life for the residents. Applications accepted by the North Dakota Long-Term Care Association until February 2nd, 2024.

Giving Hearts Day:

We are participating in our first year of Giving Hearts Day at Maryhill on February 8th, 2024. Dakota Medical Foundation started Giving Hearts back in 2008 as a simple but unique fundraising concept which has grown and become one of the longest running and most successful giving days in the country. This is a 24-hour fundraising event and every contribution of \$10 will be matched. Our generous match providers are Interim Staffing, Mobility Plus, Thrifty White Drug, Enderlin Lions, and Enderlin Alumni Association. Your donations have great impact which Maryhill will be using all the donated fund through Giving Hearts Day to purchase medical grade blanket warmers.

Three ways to Give on February 8th:

- 1. Online at https://app.givingheartsday.org/#/charity/1767
- 2. Schedule your GHD in advance through the online link
- 3. Check: dated February 8th and drop off at Maryhill

Watch for more details on t-shirts that can be purchased, we will have an online store through Cre8tive TZ in town. We will have one sample shirt and sizing options available at Maryhill if you want to see it before officially purchasing. They will be red with white lettering. Residents, families, and staff are all welcome to wear this shirt for all the fun activities that will happen throughout the day!



T-Shirt Saying Giving Hearts Day @ Maryhill #warmheartswarmresidents

Thank You for Your Generous Donations

Thank you for your generous donations to our Tree of Lights fundraiser! Your support is greatly appreciated and allows us to continue to provide a comfortable environment and quality living experience for our residents. Your contributions helped us raise over \$7,000!

We have been very fortunate with the weather this winter, but please know we continue to keep close tabs on any bad road conditions before we go on appointments or outings related to activities. If any appointments need to be rescheduled due to the weather, we will keep you informed.

Masking continues to be optional at this time for residents, visitors, vendors, and staff. You must wear a mask if you are symptomatic with any respiratory illness such as runny nose, coughing or sneezing. Masks will continue to be provided at all entrances. We also have hand sanitizer outside each room that we encourage you to utilize to help us keep everyone healthy in the season when illnesses spread easily. Please continue to check in to obtain a visitor badge prior to entry on the screening machine out front.

