

# Messages from SMP Health - Maryhill

A Newsletter for Maryhill Families

September 2023

Dear Family and Friends,

As the season starts to change, we want to soak up as much sunlight as possible. September in Enderlin focuses on Sunflowers as Sunfest is a large community event. It is a good reminder to embrace our light and let it shine, just like the sunflowers do, then our beauty and aura are evident. Please continue to look at our Facebook page for pictures of some of the different types of events/activities we do.

Through the Art for Life Program, the residents helped create a new art piece for the front entry way which is hanging on the wall. Such a wonderful program that is supported by the community.



Maryhill is now set up through the Giving Hearts Day Website as an organization to be able to accept donations throughout the year via the internet. Stay turn for more information as we work on getting it tied to our website.

## Fall Vaccination Update:

1. Influenza season is coming, and our plan will be to offer the vaccination in the month of October. Once we have an official date set, we will update all of you and gather consents. Influenza is the 9<sup>th</sup> leading cause of death in the US for residents aged 65 years and older according to the Centers for Disease Control.
2. COVID - CDC is currently monitoring a new SARS CoV-2 variant (BA.2.86). As of now, another vaccination (monovalent) will be a recommendation to help reduce severe disease and hospitalization. Once more information is available, we will send out communication and gather consents.
3. RSV (Respiratory Syncytial Virus) is another respiratory infection that is highly contagious that can result in life-threatening pneumonia and bronchitis. The FDA has now approved two vaccine, Arexvy and Abrysvo that will be available in the upcoming months for individuals over the age of 60. We will continue to keep you in the loop and gather consents when it is available.

Please also know that staff at Maryhill also receive vaccinations they qualify for to help protect the residents they care for.

Safety update, please do not let anyone out the front door unless you are aware it is safe. If someone wants to follow you out or asks you to open the door, please grab a staff member to ensure it is safe before proceeding. We want to make it as easy as possible for visitors to exit and we appreciate your assistance in helping us keep the residents as safe as possible. When in doubt, always ask. Also please continue to screen in to obtain a visitor badge. Please wear the badge while you are inside the building.

Masking continues to be optional at this time for residents, visitors, vendors, and staff. If an individual feels more comfortable continuing to wear a mask, then they are encouraged to do so. You must wear a mask if you are symptomatic with any respiratory illness such as runny nose, coughing or sneezing. Masks will continue to be provided at all entrances.

Please note that we will continue to have open visitation at any time including during the holiday season, but Maryhill will not have a public open house for the Christmas/Holiday season in 2023.

Stay healthy and God bless,  
*Bailyn Walz, CEO/Administrator*



**SMP Health**  
Maryhill