

# Messages from SMP Health - Maryhill

A Newsletter for Maryhill Families

July 2023



Dear Family and Friends,

Through a comprehensive assessment we are able to determine how optimal level of Joy can be injected into each resident's day. We practice "Person Centered Care" which allows us to tailor to each unique individuals' preferences, values, and needs. Some residents delight in large social group activities, while others prefer the solitude of their individual rooms. We pride ourselves on being able to share precious moments providing optimal joy to those we are fortunate to share a home with.

We visit residents in their rooms or in a common area providing one-to-one visit when a resident prefers not to participate in group activities. Joy doesn't mean many people have to be present. Joy comes from being noticed, accepted, respected, and a knowing that "I am loved." It is our purpose to show this to our residents.

Many of our residents have had the joy of getting to know each other, but some are newer to the community. By having social gatherings, we are able to create our own micro-community at Maryhill. For those who enjoy social gatherings can attend special music concerts, BINGO, Crafts, Game Time, Picnics in the Park for a few examples. We also have special programming for Women and Men. The ladies delight in having their nails painted or being pampered by our hair stylists. Men socialize differently and we offer their own programming through Men's breakfasts, Van Rides to local farmland, and fishing. Please see our monthly activities calendar to see what is going on and visit our Facebook page showcasing different events as they happen.

Our next project is creating a community channel with MLGC to allow meals and daily/weekly activities to be displayed via the TV. This will be for internal viewing only, but residents can reference it at any time once it is officially rolled out.

## **Personal Needs Allowance for Medicaid Officially Starts on July 2023:**

The Department of Health and Human Services based on Legislative approval will be increasing the personal needs allowance for anyone on Medicaid. For the past 10 years, residents on Medicaid have been able to keep \$65 but it will be increasing to \$100 per month. Such wonderful news to allow them a little extra cash for hair services, cable tv, cell phone bills etc. that are not included as part of their stay. **Please let the Business Office know if you get an updated letter from the state on a change in your loved one's Recipient Liability (RL) and we will keep a copy on record.**

## **Personal Possession**

Hearing Aids can be very expensive to replace and/or repair which might be worth exploring some type of hearing aid insurance for your loved one. Few different avenues available, check your current insurance plans as sometimes they are within your policy under Part C. Some Medicare Advantage plans have hearing aid insurance, example: Next Blue. Otherwise, if a resident has a property or renter's policy within their name hearing aids can be covered for lost or damaged items. If you decide to go the property or renter's policy avenue, make sure the deductible is within a reasonable amount if you ever need to file a claim.



Through some research another intervention that can be used is hearing aid clips. The Audiologist can purchase these clips for your loved one's hearing aids for roughly around 20 dollars. This is not a permanent clip so anytime someone wants the clip removed that is possible. Please see the picture attached but another protective layer to avoid one falling out and getting lost/damaged.

## **Onsite Hair Services with our Beautician Update:**

Effective 7-1-2023 the prices for hair services will be increased. Please see the new pricing below.

- Haircuts were \$15.00 and going up to \$20.00.
- Color which includes a haircut were \$55.00 and going up to \$65.00.
- Perms which include a haircut were \$65.00 and going up to \$75.00.

We are very fortunate to have these services onsite.

Masking continues to be optional at this time for residents, visitors, vendors, and staff. If an individual feels more comfortable or is symptomatic, please continuing to wear a mask.

Stay healthy and God bless,  
*Bailyn Walz, CEO/Administrator*

