

# Messages from SMP Health - Maryhill

## A Newsletter for Maryhill Families

July 2022

Dear Family and Friends,

Through a comprehensive assessment we are able to determine how optimal level of Joy can be injected into each resident's day. We practice "Person Centered Care" which allows us to tailor to each unique individuals' preferences, values, and needs. Some residents delight in large social group activities, while others prefer the solitude of their individual rooms. We pride ourselves on being able to share precious moments providing optimal-joy to those we are fortunate to share a home with.

We visit residents in their rooms or in a common area providing one to one visit when a resident prefers not to participate in group activities. Joy doesn't mean many people have to be present. Joy comes from being noticed, accepted, respected, and a knowing that "I am loved and purposed." It is our purpose to show this to our residents.

Many of our residents have had the joy of knowing each other, but some are newer to the community. By having social gatherings, we are able to create our own micro-community at Maryhill. For those who enjoy social gatherings can attend special music concerts, BINGO, Crafts, Game Time, Picnics in the Park for a few examples. We also have special programming for Women and Men. The ladies delight in having their nails painted or being pampered by our hair stylists. Men socialize differently and we offer their own programming through Men's breakfasts, Van Rides to local farmland, and fishing. Please see our monthly activities calendar to see what is going on and visit our Facebook page showcasing different events as they happen.

### Mail Services

The post office will be delivering mail Monday through Friday each week. No mail will be delivered over the weekend. Please note if you are sending anything to your loved one, please plan on sending it a few days earlier to ensure it arrive on time. For example, if your loved one has a birthday and you want them to get a card on Saturday/Sunday, please send it so it arrives by Thursday or Friday. Residents get their mail each day throughout the week. I would appreciate if you would share with other family members as this message primarily goes to the first contact.

### Pastoral Care

We welcome Father Robert Keller in his new assignment for supporting the Enderlin Area by actively providing services to residents at Maryhill. July will be Father Robert Keller first month learning and meeting the residents at Maryhill. Father Robert Keller is coming from Holy Spirit Catholic Church in Fargo. We are excited to welcome Father Robert Keller.

### Covid-19 Updates

We are in routine status (zero positive staff and residents). Testing requirements are in place for all not-up-to-date and symptomatic individuals at a frequency of twice a week. The screening machine upon entry is another protection to catch situations to reduce the spread as much as possible, so please continue to utilize the machine each time you visit. Please remember that masking is required while in the facility hallways and hand hygiene is extremely important. If you are experiencing any COVID-19 symptoms, please stay home to reduce any exposure to the residents. If you have any questions, please continue to reach out!!

CMS visitation guidelines from 11/12/2021 outlining indoor visitation, visitor testing/vaccination, and resident outings are still in effect. On nice days throughout the summer, please feel free to utilize outside places for visiting with your loved ones as well. If you plan to have a large group coming in and want to reserve a family room, please call and we can reserve it otherwise it's a first come first serve basis. Please pass the word along to other family and friends who visit but visiting with loved ones in the main dinning room/living room is not allowed. We are trying to protect other residents as much as possible and ask that when you are visiting to stick to a family room, outside court area, or your loved one's room. Thank you for the support in our effort to keep everyone as safe as possible.



### *In Our Memories*

We extend our sympathy to the families and friends of this special person who had become part of our Maryhill family and has died in the past month. We treasure our memories with them and pray that God will be with their loved ones at this time of loss. We will remember....

*James Wiltse, 1926 – 2022*

Stay healthy and God bless,  
*Bailyn Walz, CEO/Administrator*



**SMP Health**  
Maryhill