

# Messages from SMP Health - Maryhill

## A Newsletter for Maryhill Families

March 2022

Dear Family and Friends,

We will be kicking off the Lent and Easter season at Maryhill. Mardi Gras is on March 1<sup>st</sup> followed by Ash Wednesday on March 2<sup>nd</sup>. The spreading of ashes across our foreheads is one my favorite signals that Spring is hopefully not too far around the corner. As I reflect on what the history and true meaning of Lent is. Often times when we think of Lent, we think of giving something up, fasting, and not eating meat on Fridays. But did you know that the history of Lent actually stems from Christians wanting to honor the 40 days and nights when Jesus went into the wilderness without food and water? During that time, Christ wrestled with temptation from the devil. Today we try to replicate the forces of temptation by giving up bad habits such as sweets, caffeine, or social media. Our struggles with temptation are an important piece, but Lent is also meant to be a time of repentance and setting more time aside for God. We should also try to use these 40 days to praise and worship the Lord; to read the Bible more, and to pray more often. Before the rejoicing of Easter Sunday, try to create opportunities for peaceful contemplation and intimacy with God. No matter how prayers are answered at the end of 40 days, more time spent with God is cause for joy, praise, and thanks.

### Visit by Using the Front Entry

We have been trying to get a process in place to use the front doors again. We are excited that it is now up and running. Once you get to the facility, please go to the front doors. There will be a Ring Doorbell for you to push to let staff know you have arrived. While you wait for staff to come to the front door off to the right-hand side will be a screening machine, please click sign in. Then there will be a list of options, please choose family/friends. All visitors need to put their name into the system for the first time. A phone number is the way the system remembers you in the future. Please note if you have a younger child coming to see someone, the advice is to create a “fake phone number” one digit off from yours so you can remember it each time as it will be tied to your child’s name in the future to make the signing in process easier. Then you will answer a few screening questions and get your temperature. If you are symptom free and pass all the questions. A badge will be printed with your name to wear in the facility. Please grab a mask next to the badge printing machine to wear in the facility. Staff will know the screening process is complete once you have a badge printed and will open the doors. We are here to help if you have any questions about the screening machine as well but hopefully it will be a useful tool once everyone gets used to it.

Please note: if no one answers by pushing the Ring Doorbell please call (701)437-3544 which is the main line to the facility. One of the big advantages is you won’t be in the cold while staff come to the front door. Please continue to exit the building in the same way using the front entry way by letting yourself out after you are done visiting.

This communication is going to the first contact representative, please share this message with other friends/family members who come to visit. I appreciate the help spreading the word!

### Covid-19 Updates

We are not in outbreak status (zero positive staff or residents) which means residents do not need to be tested. CMS visitation guidelines from 11/12/2021 outlining indoor visitation, visitor testing/vaccination, and resident outings are still in effect. If you have any questions, please continue to reach out!!

SMP Health – Maryhill does fall under the federal mandate that all staff are vaccinated against COVID-19 unless they have a medical or religious exemption to help reduce the risk to residents. There are two phases to be in compliance by March 15<sup>th</sup>, 2022. Maryhill has an active policy and procedure at this time and all staff working within the building are either vaccinated or have an approved exemption. Everyone with an approved exemption does need to follow additional guidelines for everyone’s protection.

### Social Services Update

We are still working on a replacement within the social service department please reach out to Katie Oehlke or Shannon Mark during the interim. Once a replacement is in place, we will update you right away.



### *In Our Memories*

We extend our sympathy to the families and friends of this special person who had become part of our Maryhill family and has died in the past month. We treasure our memories with them and pray that God will be with their loved ones at this time of loss. We will remember....

*Thomas Monson, 1966 – 2022*

Stay healthy and God bless,  
*Bailyn Walz, CEO/Administrator*



**SMP Health**  
Maryhill