

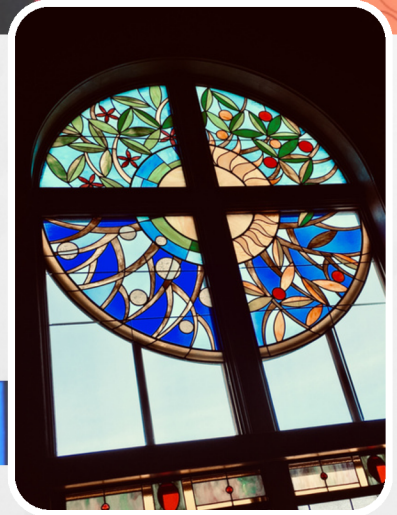


SMP Health
Ave Maria

Meaningful Moments

August 2024

from SMP Health - Ave Maria



Jim & Carolyn Exner: Home is where the heart is

Longtime Jamestown residents Jim & Carolyn Exner have been inseparable for most of their lives; almost 69 years ago they began dating and they have now been married 63 years! Together they have created a beautiful life that includes three children and six grandchildren. They've celebrated many achievements and successes and weathered life's storms with grace and great faith, always together.

Their most recent challenge came in the form of Jim needing extra health care. That was when he became a resident of SMP Health – Ave Maria on December 9, 2021. At that time, Carolyn chose to move into Ave Maria's attached assisted living community. She says, "We are thankful for the great life we have had together. You never know what changes life will bring. Now due to our health issues, we feel we couldn't be in a better place than here at Ave Maria."

Jim and Carolyn both agree that they feel welcomed and at home at SMP Health – Ave Maria. Carolyn says, "they (the staff) call me by name," while Jim shares, "they are so welcoming when I go to visit Carolyn at Assisted Living and the staff here are always happy to see me come back."

Jim & Carolyn have each had a number of family members at Ave Maria over the years and feel they received wonderful care. Their own family has commented on the good amount of space Carolyn has in her apartment and how clean both the skilled nursing and assisted living communities are.

Both of the Exners are also very involved in the activities and spiritual services offered at SMP Health – Ave Maria. Jim and Carolyn were active

volunteers at Ave Maria before they became residents. Carolyn still shares her talents and time by leading the Rosary on Monday mornings occasionally. They appreciate the fact that they can practice their faith without having to leave the facility to do so.

Carolyn is thankful for the assisted living bus that runs on a schedule weekly for her to get to appointments and the grocery store among other activities. They both value the fact that they still have independence in the form of their own personal vehicle. When the weather is nice, they will go for a drive in the country or for a drive-thru meal. It allows them to still have their time together, doing activities they enjoyed before coming to SMP Health – Ave Maria.

Jim and Carolyn truly embody the glass half-full outlook on life and we are grateful they respectively call SMP Health – Ave Maria skilled nursing and assisted living home.



Call 701-252-6404 for more information about our Assisted Living community or to schedule a tour!

A note from Ken B.

Hello,

It has been 10 months since we received the new bus for Ave Maria. We would like to truly thank you for all the support we received in our journey to acquire our new bus. The bus was a much-needed update to our mission to provide the best for our residents. Not to mention it's much quieter-- anyone who rode in our old bus knows what I mean. The new bus has provided a more reliable and more comfortable means to transport our residents to their appointments and outings. Your heartfelt contributions, volunteer work, and overall support has been a true blessing for our facility and most of all, our residents.

AND WE AT SMP AVE MARIA
ARE SO VERY GRATEFUL TO
YOU ALL.
MANY MANY THANKS
TO YOU ALL
KEN, THE BUS GUY



If you are interested in becoming a volunteer at Ave Maria, helping with special events and fundraisers, or spending time with residents, please contact Annie Hancock at 952-5677 or annie.hancock@smphs.org

"Only a life lived for others is a life worthwhile." --Albert Einstein

Peggy Widmer awarded Activity Director of the Year from North Dakota Long Term Care Association



Peggy Widmer has been a part of SMP Health - Ave Maria through many name changes and ownership transitions -- 41 years to be exact! She was recently named the Activity Director of the Year for the whole state of North Dakota by the North Dakota Long Term Care Association.

Peggy is so deserving of this honor for a number of reasons, as many of you may know. She works tirelessly to bring smiles and joy to the people in our care on a daily basis through her work in the Activity Department. She takes the time to get to know the residents and their preferences so she can make their time at Ave Maria as special as possible.

She is there for all the fun, but she is also there in the not-so-fun moments. She sits, comforts, and sings to residents who are not feeling well or are nearing the end of their earthly journey. Her vintage gospel songbook is well-worn; a testament of her dedication to the residents we care for.

We are not only happy for Peggy's well-deserved recognition, but we are also grateful she is a part of our care community!

*Congratulations,
Peggy!*

Activities**In Memory of:****Lori Greshik Geist**

George & Deb Greshik

Giving Hearts Day

Anonymous

Brian & DeAnn Ament

Jon & Shelly Anas

Bernard & Marilyn

Anderson

Chuck & Marlene Axtman

Doug & Barb Barnick

Paul & Kathie Behle

Elmo & Ardina Bentz

Kathy Block

Tom & Lisa Boerger

Mike Bruckbauer

Pamela Burkhardt

Bre Carlson

Jason Christianson

Marlyn Domek

Joyce & Randy Enger

Joanne Etter

Jim & Carolyn Exner

Carol Gackle

Fred & Linda Gackle

Dennis Gainsforth

Deacon Tom & Mary

Geffre

Dave & Trish Greenwood

Sylvia Grenz

Troy & Sheri Gunderson

Richard Hamkens

Don & Maryett Hanson

Troy & Theresa Hanson

Raquel Heinle

Ralph Hilgemann

Bob & Sandy Hill

Dr. Larry & Beverly

Hoffman

Linda Johnson

Bryan & Gloria Jones

Elaine Jorgensen

Tim & Carol Kachel

Knights of Columbus

Dale & Norine Knudson

Alden & Linda Kollman

Darlene Kropp

Judy Kulla

Francis & Deb Lee

Lenora Legler

Melvin & Cindy Lien

Wes & Pat Limesand

Marilyn Lobsinger

Alyssa Looyen

Dale & Ann Marks

Roxanne Mitzel

David & Jacki Moser

Dick & Colleen Nelson

Jim & Sharon Neva

Randy & Tracy Neva

Tim & Michelle Neva

Cindy Tag-Nygord

Don & Marie Olson

Lesha Olson

Mike & Heather Oster

Dianna Pollert

Leigh Porter

Delores Rath

LuAnn Reich

Janice Roaldson

Kevin & Cynthia Roorda

Neil & Carla Roorda

Marian Roemmich

Alan Sargeant

Daryl & Lydia Saxberg

Gregg & Tracy

Schweitzer

Shirley Seher

Darold & Claudia Soupier

Barbara Srozinski

Ed & Katherine Stroh

Luella Struble

Team AdShark

James & Connie

Vagneur

Colin & Toni Wegenast

Amy Walters

Richard & Deanna

Walters

Yvonne Wegner

Angie Widmer

Michael Williams

Wimbledon Courtenay

Sports Association

In Honor of:**All Who Serve the Mission**

Chris Lunde

Jason Anderson

Robert & Virginia

Moran

Carmen Bender

Robert & Virginia

Moran

Annie Hancock

Jennifer Bollingberg

Deb Lee

Marilys Carter

Jackie Readel

Kenneth & Pam Daug

SMP Health – Ave**Maria Team**

Mary Brinson

Dr. Myra Quanrud

Deacon Ken Votava

Robert & Virginia

Moran

In Memory of:**Pearl Bertsch**

Craig & Dawn

Headland

Donald Boyle

Marie Boyle

Art Brosz

Evelyn Entzi

Bette Doehler

John & Carol Doehler

Gerald Farrell

Rosanne Farrell

Neldae Frank

Rob & Barb Monson

Marilyn Gackle

Florence Goehner

Clifford Gumke

Irene Gumke

Hilda Gumke

Rebecca Pergotski

Ellen Pfeiffer

John & Leone Hagen

Harold & Karen Hagen

Jim Hamm

Marilys Carter

Roger Haut

Haut Funeral Home

Blanche Johnson

Neil & Judi Baker

Cecelia Glinz

Ray & Annette Wanzek

Bryan & Peggy Widmer

Dorothy & Vonnie Willey

Richard Johnson

Vickie Lura

Mel Kachel

Dan Kachel

Robert Kipp

John & Carol Doehler

LuElla Kriedeman

Gary & Lynette Kriedeman

Kim Lagodinski

Tonie Lagodinski-Stoen

Harold "Tank" Laraway

Kenneth Laraway

Jim Larson

Beverly Larson

Harold Lunzman

Gene & Joanne Lunzman

Arlo Maag

Karen Maag

Dawn McDonald

Garry & Sue Overby

Alvin Miska

Garry & Sue Overby

Lillian Monson

Rob & Barb Monson

Wess Overby

Garry & Sue Overby

Bette Griffin Parsons

Dr. Bill & Theresa McMillan

Edward "Jim" Polasky

Elizabeth Polasky

Gloria Reber

Cecelia Glinz

Lillian Salisbury

Joe & Bonnie Kroeber

Mary Sargeant

Felicia Sargeant

Leon D. Skjeret

Jeanette Skjeret

Leon L. Skjeret

Jeanette Skjeret

Lawrence "Bud" & Shirley**Spitzer**

Leon & Donna Spitzer

Wilbur & Lorraine Wahl

Gary & Donna Neys

Julie Wayne

Evelyn Entzi

Randy Wilson

Garry & Sue Overby

Beverly Wolff

Clayton Wolff

Leah Wolff

Clayton Wolff

Bernice Helmstetler**Zimney**

Kenneth & Pam Daug

Hour Club:

Mallory Bear

Kay Benson

Robin Bohl

Jodi Bunde

Cindy Cumber

Rachel Dockter

Kristi Gerszewski

Cecelia Glinz

Nichole Greenstein

Annie Hancock

Missy Hase

Michele Lunder

Ashley Leiss

Heather Oster

Shirleen Pettet

Lydia Saxberg

Jeannie Schmidt

Deacon Ken Votava

Lavon Veil

Donna Wiberg

Angie Widmer

Peggy Widmer

Billi Zupan

New Medical Equipment

All Vets Club

American Legion Post #30

American Legion Post #91

American Legion Post #126

Bernard & Marilyn Anderson

Bismarck Eagles Club #2237

Eagles Auxiliary

Linda Johnson

Knights of Columbus

Leslie & Bethyl Lueck

Mandan American Legion

Post #40

Mantador VFW Post #9317

Marco

Darrell & LuAnn Martin

Dr. Bill & Theresa McMillan

Edward & Jennifer Peplinski

Tioga American Legion #139

+ In Honor of:**Ave Maria Team**

Kris Piehl

Corry Meyer

Martha Trautman Birthday

Wesley & Donna Wiberg

In Memory of:**Thelma Barnick**

Doug & Barb Barnick

Rose Ben

Kelly & Teresa Widmer

Helen Doeling

Leif & Marcia Bollingberg

Tim & Christine Burchill

Tex Geerdes

Cecelia Glinz

Arlene Geisinger

Friends of Arlene Geisinger

Debbie Alber

Tim & Jeanine Allmaras

Kenneth Drake

Cecelia Glinz

Hometown Property

Management

Mark & Claudia Jacobson

Stephen & Thea Klose

Les & Gloria Reister

Jamie & Laura Risovi

Jason & Candace Smith

Kenneth Thompson

George Gray

Darlene Kropp

Emil & Gertrude**Guenther**

Gerald Guenther

Clifford Gumke

Elmo & Ardina Bentz

Karen Maag

Bryan & Peggy Widmer

Dale Hanson

Don & Maryett Hanson

Verlee Heinze

Mary Jean Burkhart

Lila Hennings

Friends of Lila Hennings

Dan Wahl

Gary & Donna Neys

William Hoherz

Jerry & Brenda Ragan

Alberta Hornung

Shelly Schmidt

Charles "Chuck"**Jacobson**

Mark & Claudia Jacobson

Judy Johnk

Cecelia Glinz

Blanche Johnson

Betty Brosz

Marlyn Domek

Dennis Gainsforth

Berneice Graner

Deb Greenstein

Bill Harmsen

John & Judy Hatlewick

Gilbert S. & Diane Hildahl

Sharon Johnson

Shirley Laber

Marilyn Lobsinger

Joe & Becky Moch

Lynn & Linda Paulson

Deb & Rich Romness

Shirley Sivertson

Todd Tompkins & Kelly

Smith

Marvis Truax

Richard & Deanna

Walters

Dorothy & Vonnie Willey

Jerome Johnson

Ken & Diane Dillman

Rod & Lisa Johnson

Tim & Michelle Neva

Richard Johnson

Betty Brosz

Gaye Ketelsen

Leif & Marcia Bollingberg

Joanne Etter

Dan & Sue Greshik

Terry & Julie Schoeler
Charlotte Krauth
 Francis & Deb Lee
Florence Maurer
 Tim & Carol Kachel
Elaine McGauvran
 Mary Jo Kinzler
Marguerite McIlonie
 Sheila McIlonie
Tammy Michaelson
 Marilys Carter
Lillian Meyer
 Mel & Evelyn Ammon
 Elmo & Ardina Bentz
 Cecelia Glinz
 Ann Kruger
 Connie & James Vagneur
Gary Morlock
 Linda Roaldson
Florence Radke
 Annetta Knecht
 Neil Radke
Resident Birthdays & Memorials
 Tonie Stoen
Karen Sauer
 Betty Brosz

Marilyn Lobsinger
Gary Schuler
 Mary Jean Burkhardt
Sharlotte Schwalk
 Karen Maag
Joe Sitzmann
 Julie Agnew
 Jayson & April Corell
 Cecelia Glinz
 Deb & Clarence
 Marsolek
 Karen Rene
 Greg Schutt
 Jan & Ken Strickler
 Bryan & Kathryn
 Sundsbak
 Sunshine Committee
 Carolyn Tomlin-Cichos
 Stella Wegner
 Rod & Sandra Wilhelm
 Gerri Yeske
Alida Sjostrom
Birthday
 Lloyd Sjostrom
Carol Stahlhut
 Marilys Carter
 Mark & Claudia
 Jacobson

David Trautman
 Mary Jean Burkhardt
Jackie Truax
 Darlene Kropp
Lorrayne Vogt
 Rod & Judy Olin
Sr. Giustina Zanin
 Virginia Jones

Recipe Wall:
In Memory of:
Audrey Barnes
 Brad & Jan Barnes
Marion Brosz
 Tonie & Andrew Stoen
Bertha Mae Johnson
 Linda Johnson
Ruth "Lil" Neva
 Donna Fischer
 Kathleen Vandeberghe
Helen Suko
 Scot & Darlene Nething

Recycling
 Levi Michel

Therapy Department
 Troy & Sheri Gunderson

Thrivent Choice Dollars
 Elmo & Ardina Bentz
 Pamela Burkhardt
 Lynette Nelson

Treats for Ave Maria Team
 Roger & Shirley Krapp
In Memory of:
Lorrayne Vogt
 Patty Christianson

Wheelchair Accessible Van
 Dakota Central
 Gordon Larson
 Foundation

In Memory of:
Audrey Barnes
 Wayne & Sally Albin
 Gloria Bartlett
 Dan & Sue Greshik
 Mark & Claudia
 Jacobson
 Marilyn Lobsinger
 Jim & Sue Matthiesen
 Maurine Schoeler

Terry & Julie Schoeler
 Gene & Becky Wahl
 Stella Wegner
 Bryan & Peggy Widmer
Dolores Frey
 Jackie Readell
Emil & Gertrude Guenther
 Gerald Guenther
Tony Heinze
 Mary Jean Burkhardt
Nels Lillejord
 Elmo & Ardina Bentz
Leonard Limesand
 Wes & Pat Limesand
 Lynette Nelson
Roger Rath
 Kevin & Natalie Ova
 James & Karen Smith
Resident Birthdays & Memorials
 Tonie Stoen
Johanna Somsen
 Gloria Bartlett
 Janice Roaldson
Jackie Truax
 Marvis Truax
Russell Ziegler
 Mary Jean Burkhardt

HAVE YOU CONSIDERED INCLUDING A BEQUEST TO SMP HEALTH - AVE MARIA IN YOUR WILL?

From Tonie: SMP Health - Ave Maria providing Skilled Nursing and Assisted Living Services

For years, SMP Health – Ave Maria only managed the co-located assisted living community because it was a separate nonprofit organization. However, in late December 2022 following the pandemic and some unforeseen changes, the decision was made to acquire the Heritage Centre, which is now known as SMP Health – Ave Maria (providing skilled nursing and assisted living services.) Yes, that's right. We share the same, beautiful, meaningful name: SMP Health – Ave Maria.

It is a blessing to have both skilled nursing AND assisted living services located on one campus. I can't help but think of all the people who have benefited from this arrangement over the years. For example, the couples who have been able to visit each other when one needs rehab and the other stays at their assisted living apartment. Or, when someone needs more care, they're able to move right over to the nursing home. Or, when someone no longer needs skilled care, they can move to our assisted living and receive services while still maintaining their own 1- or 2-bedroom apartment. It's a great relationship and a model of continuum of care that many places strive for.

I would be remiss not to mention the wonderful team members who choose to work here at SMP Health – Ave Maria. We couldn't provide the kind of care we do without each of them. I remind our team often that every department, every employee matters. From laundry to dietary to activities to nursing to pastoral care, and the list goes on. Just like we need all of YOU reading this newsletter--our friends and supporters of Ave Maria.

With a grateful heart,
 Tonie Stoen



Tonie Stoen
 CEO/Administrator at SMP Health – Ave Maria

Are you a Thrivent member?

Ask how you can help with our events and fundraisers through Action Team Funds! It's easy and free! annie.hancock@smphs.org | 701.952.5677

thrivent



Annie Hancock
Development Director

701.952.5677
annie.hancock@smphs.org

Did anyone else blink and it was suddenly August!? I can't wrap my head around where May, June and July went! It's been a busy Summer here at SMP Health - Ave Maria. We've had lots of renovation projects going on like our beautiful new carpets throughout the building. These types of projects make our facility feel more like home for our wonderful patchwork community made up of the amazing individuals we care for and our capable and compassionate team who take the time to get to know them on a personal level.

Our Summer was also full of lots of fun activities, both right at Ave Maria and abroad! Thanks to the great success of our "Best Summer Ever," a number of residents got out and enjoyed trips to the Bismarck Zoo, Spirit Lake Casino, and a number of stops around town including Dairy Queen, McDonald's, and we can't forget--the Frontier Village! All of these trips would not be possible without the support of resident families and individuals who donated as well as wonderful businesses and groups in the community. Unison Bank, Bank Forward, and the VFW Auxiliary generously sponsored upcoming trips to the Medina Cafe, Twisted Trough in Montpelier, and a special outing for a group of our Veterans. It's been so fun to see the excitement and anticipation as the residents get on the bus for their latest adventure!

Thanks to the generosity of Giving Hearts Day and all of your Giving Hearts we were able to fully fund our new wireless medical equipment. We kept the momentum rolling with the help of our wonderful friends and supporters and are now in the process of purchasing a wheelchair accessible van for out-of-town appointments, also fully fundraised! And, of course, we still have our long-term goal of creating more private rooms in our facility for the dignity of those we care for, so our future projects fund is always a great option to give a gift, if you wish.

Looking ahead, we have a fun event coming up on October 18th at the Gladstone Inn. Fun Pianos! Dueling Pianos will be returning to Jamestown to put on a show with all proceeds going to SMP Health - Ave Maria. We are excited to welcome them back! If you would like to donate a silent auction item for the event, we would be so appreciative!

In closing, we are so very grateful for every gift we receive. It's vital for our community to have a place like SMP Health - Ave Maria to care for our beloved family and friends who need skilled and assisted living care. Thank you for helping us make Ave Maria the best it can be for those we serve!

Warmest regards,

Annie F. Hancock

p.s. Leave a gift of legacy for Ave Maria, ask me about our Qualified Endowment Fund!

2024 Projects

-Upgrading
medical
equipment

-Wheelchair
accessible van
for out of town
appointments

-Wheelchairs for
therapy

-Future projects
fund

Give a Gift in Honor or in Memory of a Friend or Loved One

Your name and information:

____ENCLOSED IS MY GIFT OF \$____ TO AVE MARIA.

NAME _____

____IN MEMORY OF: _____

ADDRESS _____

____IN HONOR OF: _____

CITY _____ STATE _____ ZIP _____

Please send an acknowledgement to the
family or person we/I am honoring:

EMAIL _____

NAME _____

BIRTHDAY(MM/DD) _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

Mail this
request form
and your gift to:

Attention: Annie Hancock
SMP Health - Ave Maria
501 19th St NE
Jamestown, ND 58401



SMP Health

Ave Maria

Return to Sender

Send your updates to
annie.hancock@smphs.org
or call 701.952.5677

Did you know?
You can take
aluminum cans, scrap
iron, etc. to West End
and donate the
proceeds to SMP
Health - Ave Maria!



Find us on
Facebook

facebook.com/AveMariaJamestown
facebook.com/smphealthassistedliving



MARK YOUR CALENDARS!

for an evening of music and fun!

with the Fun Pianos Dueling Pianos!

October 18, 2024

Gladstone Inn & Suites

7 pm

Tickets General: \$30 each/\$250 table

Priority Seating: \$40 Each/\$350 table

Call Annie for tickets!

701-952-5677

701-830-9681



annie.hancock@smphs.org

We are also looking for silent auction items!

Kuchen Fundraiser

Order August 1st-23rd
Orders Delivered September 13th

Call/text Annie at
701.830.9681 or email
annie.hancock@smphs.org
to place your order!



Flavors

Strawberry	Peach	Apple
Rhubarb	Blueberry	Cheese
Chocolate Peanut Butter	Cinn./Sugar	
Prune	Strawberry Rhubarb	
Mango	Juneberry	



SMP Health
Ave Maria



All proceeds benefit ongoing projects at Ave Maria